

RESULTS
INDOOR TRIATHLON PROVINCIAL CHAMPIONSHIPS

February 23, 2020

Winners
Race Winners

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Trinity Braithwaite	Female	19<	44	11.3	15	440	565	375	1380	4	1	1
Blaise Uglov	Male	19<	44.5	9.9	20	445	495	500	1440	1	1	1

Age Group Winners - Women

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Trinity Braithwaite	Female	19<	44	11.3	15	440	565	375	1380	4	1	1
Chelsea Kent	Female	20-29	37	6.9	13	370	345	325	1040	54	15	1
Elli Garlin	Female	30-39	24	9.8	14.5	240	490	363	1093	42	10	1
Joanna Jackson	Female	40-49	36	9.3	16	360	465	400	1225	18	4	1
Susan Critoph	Female	50+	26	10.1	12	260	505	300	1065	46	12	1

Age Group Winners - Men

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Blaise Uglov	Male	19<	44.5	9.9	20	445	495	500	1440	1	1	1
Jeffrey Yateman	Male	20-29	38	9.2	17.5	380	460	438	1278	10	8	1
Hector Palacios	Male	30-39	41	9.2	18	410	460	450	1320	7	5	1
Corwin Ang	Male	40-49	30	12.4	16.5	300	620	413	1333	6	4	1
Stephen Cairns	Male	50+	31	15.4	14	310	770	350	1430	3	3	1

AG Results - Women
F19<

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Trinity Braithwaite	Female	19<	44	11.3	15	440	565	375	1380	4	1	1
Kira Gupta-Baltazar	Female	19<	49	8	18	490	400	450	1340	5	2	2
Isabella Mastroianni	Female	19<	48	8.4	15	480	420	375	1275	11	3	3
Aleksandrea Jones	Female	19<	44	7.1	15.5	440	355	388	1183	24	5	4
Harshica Bhamra	Female	19<	31	10.5	13.5	310	525	338	1173	27	6	5
Lucia Salmaso	Female	19<	36	6.3	17.5	360	315	438	1113	38	8	6
Aikam Bhamra	Female	19<	29	10.2	12	290	510	300	1100	40	9	7
Grace Mckibbon	Female	19<	33	6.9	10	330	345	250	925	78	23	8
Daria Klufas	Female	19<	28.5	4.5	15	285	225	375	885	82	26	9
Brianna Tadeja	Female	19<	31	3.4	14	310	170	350	830	93	35	10
Taylor Lam	Female	19<	14	5.9	7	140	295	175	610	99	39	11

F20-29

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Chelsea Kent	Female	20-29	37	6.9	13	370	345	325	1040	54	15	1
Samantha Culotta	Female	20-29	27	8.3	11.5	270	415	288	973	72	21	2
Brynn McLellan	Female	20-29	28	6.3	14.5	280	315	363	958	73	22	3
Stephanie Lennox	Female	20-29	18	6.6	14	180	330	350	860	88	31	4
Natalie Ternamian	Female	20-29	24	7.5	9	240	375	225	840	91	34	5

F30-39

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Elli Garlin	Female	30-39	24	9.8	14.5	240	490	363	1093	42	10	1
Maggie Szeto	Female	30-39	32	8.3	13.5	320	415	338	1073	44	11	2
Lily Wu	Female	30-39	28	7.9	15.5	280	395	388	1063	47	13	3
Leah Culotta	Female	30-39	28	8.4	13.5	280	420	338	1038	55	16	4
Robyn Simard	Female	30-39	31.5	7	14.5	315	350	363	1028	58	17	5
Izabella Bejm	Female	30-39	25.5	9.9	10.5	255	495	263	1013	65	19	6
Monifa Ambrose	Female	30-39	9	8.2	14	90	410	350	850	90	33	7

F40-49

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Joanna Jackson	Female	40-49	36	9.3	16	360	465	400	1225	18	4	1
Tina Depko	Female	40-49	29	11.7	11.5	290	585	288	1163	29	7	2
Melisa Audet	Female	40-49	27	10.1	11.5	270	505	288	1063	48	14	3
Maricar Paglicawan	Female	40-49	22	7.1	13	220	355	325	900	81	25	4
Marissa Valles	Female	40-49	18	5.6	10	180	280	250	710	97	37	5
Judy Munro	Female	40-49	18	6.9	7	180	345	175	700	98	38	6
C Lamenzo	Female	40-49	22.5	3.1	9	225	155	225	605	100	40	7

F50+

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Susan Critoph	Female	50+	26	10.1	12	260	505	300	1065	46	12	1
Deb Robinet	Female	50+	24	8.9	13.5	240	445	338	1023	61	18	2
Sally Rogers	Female	50+	28	7.8	13	280	390	325	995	67	20	3
Carol Kilner	Female	50+	26	7.5	11.5	260	375	288	923	79	24	4
Barb Kishimoto	Female	50+	24.5	5.8	14	245	290	350	885	83	27	5
Kathryn Handford	Female	50+	26	7.1	10.5	260	355	263	878	85	28	6
Bella Lam	Female	50+	16	7	14.5	160	350	363	873	86	29	7
Katherine Hayden	Female	50+	11	10.4	9.5	110	520	238	868	87	30	8
Kristin Heshka	Female	50+	28	6.3	10.5	280	315	263	858	89	32	9
Sheila Thomas	Female	50+	17.5	7	9	175	350	225	750	95	36	10

AG Results - Men

M19<

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Blaise Uglow	Male	19<	44.5	9.9	20	445	495	500	1440	1	1	1
Garrett Mason	Male	19<	45.5	10.2	19	455	510	475	1440	2	2	2
William Weist	Male	19<	37	9.9	18	370	495	450	1315	9	7	3
Oren Geagea	Male	19<	42	7.5	17.5	420	375	438	1233	15	12	4
Ethan Mckibbon	Male	19<	42	7.2	16	420	360	400	1180	25	20	5
Thomas Meijer	Male	19<	39.5	7.7	14.5	395	385	363	1143	33	26	6
Matto Vlad Buldum	Male	19<	23.5	10.9	12.5	235	545	313	1093	43	33	7
Benjamin Shafransky	Male	19<	32	7.7	11	320	385	275	980	70	49	8

M20-29

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Jeffrey Yateman	Male	20-29	38	9.2	17.5	380	460	438	1278	10	8	1
Saul Weiss	Male	20-29	32	9.6	18.5	320	480	463	1263	13	10	2
Riley Mills	Male	20-29	29.5	9	19.5	295	450	488	1233	14	11	3
Johnpaul Perilla	Male	20-29	27	9.9	18	270	495	450	1215	20	16	4
Tonis Start	Male	20-29	30	9.2	15.5	300	460	388	1148	32	25	5
Mike Mackett	Male	20-29	29	8.5	17	290	425	425	1140	34	27	6
Gaby Fraifer	Male	20-29	25	9.1	15.5	250	455	388	1093	41	32	7

M30-39

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Hector Palacios	Male	30-39	41	9.2	18	410	460	450	1320	7	5	1
Romuald Le Calonnec	Male	30-39	34	10	19	340	500	475	1315	8	6	2
Charlston Festejo	Male	30-39	28	11.7	13.5	280	585	338	1203	23	19	3
David Black	Male	30-39	19	11	15	190	550	375	1115	37	30	4
Ken Mckillop	Male	30-39	26	8.2	15.5	260	410	388	1058	50	36	5
Chino Dajao	Male	30-39	25	9.1	11	250	455	275	980	69	48	6
Edmond Wong	Male	30-39	27	9.1	9	270	455	225	950	75	52	7
Michael Vitullo	Male	30-39	32	5.1	14	320	255	350	925	77	54	8

M40-49

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Corwin Ang	Male	40-49	30	12.4	16.5	300	620	413	1333	6	4	1
Vinny Bajor	Male	40-49	31	11.9	14.5	310	595	363	1268	12	9	2
Jeremy Daveau	Male	40-49	34	9.6	16.5	340	480	413	1233	16	13	3
Jonathan Hood	Male	40-49	33	9	18	330	450	450	1230	17	14	4
Scott Wisner	Male	40-49	30	9.9	17	300	495	425	1220	19	15	5
Ludo Magne	Male	40-49	28.5	10.3	16.5	285	515	413	1213	21	17	6
Jason Pace	Male	40-49	36	9.1	15.5	360	455	388	1203	22	18	7
John Peleck	Male	40-49	42	7.4	15.5	420	370	388	1178	26	21	8
Michael Adams	Male	40-49	22	11.2	15	220	560	375	1155	31	24	9
Justin Geagea	Male	40-49	31	8.7	14.5	310	435	363	1108	39	31	10
Leroy Lo	Male	40-49	28	8.2	14.5	280	410	363	1053	51	37	11
Patrick Urieta	Male	40-49	24	9.2	13	240	460	325	1025	60	43	12
Carlo D'Angelo	Male	40-49	27	8.4	13	270	420	325	1015	62	44	13
Alan Maynes	Male	40-49	33	7.2	13	330	360	325	1015	63	45	14
David Ho	Male	40-49	26	7.5	14	260	375	350	985	68	47	15
Simon Mielniczuk	Male	40-49	28	7.4	12	280	370	300	950	74	51	16
Mauricio Rojas	Male	40-49	21.5	7.2	13.5	215	360	338	913	80	55	17
Bobby Joe Ogaro	Male	40-49	22	7.8	11	220	390	275	885	84	56	18
Andrew Patel	Male	40-49	19	6.7	10	190	335	250	775	94	58	19

M50+

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Gender	AG
Stephen Cairns	Male	50+	31	15.4	14	310	770	350	1430	3	3	1
David Uglow	Male	50+	33	9.3	15	330	465	375	1170	28	22	2
John Meijer	Male	50+	32	7.5	18.5	320	375	463	1158	30	23	3
Tom Horn	Male	50+	29	11.6	10.5	290	580	263	1133	35	28	4
Bill Tyron	Male	50+	36	8.2	14	360	410	350	1120	36	29	5
Nick Cirone	Male	50+	28	8.2	15	280	410	375	1065	45	34	6
Doug Lennox	Male	50+	26	9	14	260	450	350	1060	49	35	7
Alfred Lam	Male	50+	25	8.2	15.5	250	410	388	1048	52	38	8
Todd Latham	Male	50+	33.5	6.4	15.5	335	320	388	1043	53	39	9
Steve Kent	Male	50+	32	8.1	12.5	320	405	313	1038	56	40	10
Benedict Tabile	Male	50+	24	8.3	15	240	415	375	1030	57	41	11
William Dimopoulos	Male	50+	27	8.1	14	270	405	350	1025	59	42	12
Edwin Pabitu	Male	50+	24	8.1	14	240	405	350	995	66	46	13
Michael Kilpatrick	Male	50+	25	7.2	14.5	250	360	363	973	71	50	14
Julian Kenney	Male	50+	28.5	8	10	285	400	250	935	76	53	15
Michael Mckibbon	Male	50+	22.5	6.9	10.5	225	345	263	833	92	57	16
Deevin Festejo	Male	50+	10	6.9	11.5	100	345	288	733	96	59	17

Relay

Name	Cat.	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Overall	Cat.	AG
Gemini Racers	Relay	Relay	20	8.5	15.5	200	425	388	1013	64	1	1

Notes

Scoring: Swim 10pt/25m lap, Bike 50pt/km, Run 25pt/lap. Scored to completed 0.5 lap increments swim & run, completed 0.1km bike.

Ties: Total points ties settled by run score, remaining ties settled by bike score, absolute ties scored as ties.

Changes: Protests to lap counting are not allowed. Missing score cards are scored DNS.