

Para Triathlon Pathway

| Community Sport



→ Triathlon Canada is currently working to develop more regional para triathlon representatives and coaches to better support this program

| High Performance Sport



All Para athletes should begin by connecting with Para Sport organizations within their community, as this will provide a strong foundation for competition in any para sport. The first point of entry for the para triathlon program, regardless of pathway, is completion of an intake form. This form is used to collect basic information to determine the best route forward for any athlete looking to join the sport.

The Community and High Performance streams are two unique pathways with different participation and competition goals. However, athletes can move between the two streams at any time by following the stages outlined above. Classification is only required once an athlete has been identified for High Performance competition. This is done at an International Triathlon Union (ITU) event.