

2025 Triathlon Ontario Long Course Series

Female Age Group

Place	First Name	Last Name	IRONMAN 70.3 Muskoka		MSC K-Town		IRONMAN Ottawa		Niagara Barrleman		Series Points
			Place	Points	Place	Points	Place	Points	Place	Points	
1st	Erika	Hendrick	2nd	290	1st	325	N/A	0	1st	325	650
2nd	Irina	Metelyuk	2nd	290	N/A	0	N/A	0	1st	325	615
3rd	Carly	Zanatta	1st	325	N/A	0	N/A	0	2nd	290	615
4th	Angela	Quick	3rd	265	N/A	0	N/A	0	2nd	290	555
5th	Chanpreet	Riarh	N/A	0	5th	330	N/A	0	N/A	0	330
6th	Erika	Johnson	N/A	0	1st	325	N/A	0	N/A	0	325
7th	Allison	Jacob	N/A	0	1st	325	N/A	0	N/A	0	325
8th	Estrella	Garcia	N/A	0	1st	325	N/A	0	N/A	0	325
9th	Carolyn	Park	N/A	0	18th	45	N/A	0	4th	240	285
10th	Hannah	Traynor	N/A	0	N/A	0	N/A	0	3rd	265	265
11th	Danae	Morris	N/A	0	N/A	0	N/A	0	3rd	265	265
12th	Meghan	Jackson	N/A	0	N/A	0	N/A	0	3rd	265	265
13th	Christine	Cash	3rd	265	N/A	0	13th	120	N/A	0	265
14th	Rachel	Welsford	N/A	0	8th	240	N/A	0	N/A	0	240
15th	Lauren	Manders	4th	240	N/A	0	N/A	0	N/A	0	240
16th	Amanda	Switzer	5th	220	N/A	0	N/A	0	N/A	0	220
17th	Paulina	Pronska	5th	220	N/A	0	N/A	0	N/A	0	220
18th	Alexandra	Santos	N/A	0	9th	210	N/A	0	N/A	0	210
19th	Melissa	Peachey	6th	200	N/A	0	N/A	0	N/A	0	200
20th	Emmanuelle	Leblanc	6th	200	N/A	0	N/A	0	N/A	0	200
21st	Kyla	Lance	N/A	0	N/A	0	N/A	0	6th	200	200
22nd	Rachel	Simas	N/A	0	N/A	0	N/A	0	7th	180	180
23rd	Heather	Figueiredo	9th	140	N/A	0	N/A	0	N/A	0	140
24th	Lauren	Reid	N/A	0	12th	135	N/A	0	N/A	0	135
25th	Gabriella	Hawes-Cote	N/A	0	12th	135	N/A	0	N/A	0	135
26th	Paige	Radin	10th	120	N/A	0	N/A	0	N/A	0	120
27th	Bhreigh	Gillis	10th	120	N/A	0	17th	60	N/A	0	120
28th	Anastasia	Fick	N/A	0	N/A	0	N/A	0	10th	120	120
29th	Michelle	Cameron	N/A	0	N/A	0	N/A	0	10th	120	120
30th	Laura	Morrison	N/A	0	N/A	0	N/A	0	11th	100	100
31st	Dollar	Luo	11th	100	N/A	0	N/A	0	N/A	0	100
32nd	Sabrina	Beauchamp	N/A	0	16th	75	N/A	0	N/A	0	75
33rd	Shannon	Clancy	14th	70	N/A	0	N/A	0	N/A	0	70
34th	Rebekah	Herbert	N/A	0	N/A	0	N/A	0	15th	60	60
35th	Beth	Mulvale	18th	30	N/A	0	N/A	0	N/A	0	30
36th	Alexandra	Maclellan	18th	30	N/A	0	N/A	0	N/A	0	30

Male Age Group

Place	First Name	Last Name	IRONMAN 70.3 Muskoka		MSC K-Town		IRONMAN Ottawa		Niagara Barrleman		Series Points
			Place	Points	Place	Points	Place	Points	Place	Points	
1st	Isaac	Mills	N/A	0	1st	325	N/A	0	2nd	290	615
2nd	Noah	Sullivan	1st	325	2nd	290	N/A	0	N/A	0	615
3rd	Jason	Fonger	N/A	0	2nd	290	N/A	0	8th	240	530

4th	Nicholas	Lambert	2nd	290	N/A	0	10th	180	N/A	0	470
5th	Alastair	Price	9th	140	N/A	0	N/A	0	3rd	265	405
6th	Connor	Jewell	8th	160	N/A	0	8th	240	N/A	0	400
7th	Bryan	Little	N/A	0	N/A	0	N/A	0	1st	325	325
8th	Jeff	Dill	N/A	0	N/A	0	N/A	0	2nd	290	290
9th	Simon	Drolet	N/A	0	N/A	0	N/A	0	2nd	290	290
10th	Sam	Anderson	N/A	0	N/A	0	N/A	0	3rd	265	265
11th	Avery	Ling	N/A	0	3rd	265	N/A	0	N/A	0	265
12th	Daniel	Oliveira	3rd	265	N/A	0	N/A	0	N/A	0	265
13th	Jacob	Saunders	N/A	0	N/A	0	N/A	0	4th	240	240
14th	Stephen	Blankenship	5th	220	N/A	0	N/A	0	N/A	0	220
15th	Jessey	The Elf	N/A	0	N/A	0	N/A	0	5th	220	220
16th	Philippe	Dabo	6th	200	N/A	0	N/A	0	N/A	0	200
17th	Michael	Holmes	N/A	0	N/A	0	N/A	0	6th	200	200
18th	Christian	Smith	6th	200	N/A	0	N/A	0	N/A	0	200
19th	Jacob	Ventura	N/A	0	N/A	0	N/A	0	6th	200	200
20th	Daniel	Shields	N/A	0	N/A	0	N/A	0	7th	180	180
21st	Matthieu	Besse	N/A	0	N/A	0	N/A	0	7th	180	180
22nd	Micah	Black	8th	160	N/A	0	N/A	0	N/A	0	160
23rd	Kevin	Talaue	N/A	0	N/A	0	N/A	0	9th	140	140
24th	Samuel	Wood	9th	140	N/A	0	N/A	0	N/A	0	140
25th	Ross	Horsley	N/A	0	N/A	0	12th	135	N/A	0	135
26th	Timothy	Martin-Chan	N/A	0	N/A	0	N/A	0	12th	135	135
27th	Igor	Rozum	N/A	0	N/A	0	N/A	0	12th	135	135
28th	Tyler	Gray	N/A	0	N/A	0	N/A	0	10th	120	120
29th	Graeme	Mclean	N/A	0	N/A	0	N/A	0	10th	120	120
30th	Paul	D&E™ Angelo	N/A	0	N/A	0	N/A	0	11th	100	100
31st	Wilfred	Ho	N/A	0	N/A	0	N/A	0	11th	100	100
32nd	Serhii	Pianych	N/A	0	N/A	0	N/A	0	13th	80	80
33rd	Michael	Poydenko	N/A	0	N/A	0	N/A	0	16th	75	75
34th	Taylor	Weber	16th	50	N/A	0	N/A	0	N/A	0	50
35th	Bradley	Vlaming	N/A	0	N/A	0	19th	30	N/A	0	30
36th	Nicholas	Eto	20th	10	N/A	0	N/A	0	N/A	0	10
37th	Zach	Waterfield	N/A	0	N/A	0	N/A	0	20th	10	10

Female Masters

Place	First Name	Last Name	IRONMAN 70.3 Muskoka		MSC K-Town		IRONMAN Ottawa		Niagara Barrleman		Series Points
			Place	Points	Place	Points	Place	Points	Place	Points	
1st	Izaura	Araujo	1st	325	N/A	0	2nd	435	N/A	0	760
2nd	Kira	Campbell	1st	325	N/A	0	3rd	397.5	N/A	0	722.5
3rd	Colleen	Coxson	N/A	0	1st	325	N/A	0	1st	325	650
4th	Lianne	Morissette	2nd	290	1st	325	N/A	0	N/A	0	615
5th	Susan	Arnold	N/A	0	N/A	0	1st	487.5	14th	70	557.5
6th	Danica	Metcalfe	5th	220	N/A	0	6th	300	N/A	0	520
7th	Jessica	Adam	N/A	0	N/A	0	1st	487.5	N/A	0	487.5
8th	Sherri	Burgess-Hertner	6th	200	N/A	0	7th	270	N/A	0	470
9th	Jody	Yoken	9th	140	N/A	0	N/A	0	1st	325	465
10th	Judy	Andrew Piel	N/A	0	N/A	0	2nd	435	N/A	0	435
11th	Jennifer	Knowles	N/A	0	N/A	0	2nd	435	N/A	0	435

12th	Elke	Popp	N/A	0	N/A	0	4th	360	N/A	0	360
13th	Ruth	Henshaw	4th	240	N/A	0	14th	105	N/A	0	345
14th	Angela	Lilly	N/A	0	2nd	290	N/A	0	16th	50	340
15th	Nancy	Cole	N/A	0	N/A	0	N/A	0	1st	325	325
16th	Wilma	Koopman	1st	325	N/A	0	N/A	0	N/A	0	325
17th	Maria	Spears	N/A	0	N/A	0	N/A	0	1st	325	325
18th	Janette	Meyrick	N/A	0	N/A	0	6th	300	N/A	0	300
19th	Marina	Fountikova	N/A	0	N/A	0	N/A	0	2nd	290	290
20th	Parastou	Jadidi	N/A	0	N/A	0	N/A	0	2nd	290	290
21st	Louise	Mcgill	N/A	0	2nd	290	N/A	0	N/A	0	290
22nd	Shelley	Wickenheiser	2nd	290	N/A	0	N/A	0	N/A	0	290
23rd	Kyra	Paterson	N/A	0	6th	200	N/A	0	13th	80	280
24th	Helene	Fortier	N/A	0	N/A	0	7th	270	N/A	0	270
25th	Cynthia	O'Halloran	3rd	265	N/A	0	N/A	0	N/A	0	265
26th	Heather	Rodrigues	N/A	0	3rd	265	N/A	0	N/A	0	265
27th	Mylene	Ward	3rd	265	N/A	0	N/A	0	N/A	0	265
28th	Josee	Courchesne	N/A	0	N/A	0	8th	240	N/A	0	240
29th	Rosemary	Stearns	N/A	0	N/A	0	N/A	0	4th	240	240
30th	Angelika	Veens	20th	10	N/A	0	N/A	0	5th	220	230
31st	Laura	horwitz	5th	220	N/A	0	N/A	0	N/A	0	220
32nd	Cathie	Price	N/A	0	N/A	0	N/A	0	5th	220	220
33rd	Jana	Paniccia	N/A	0	N/A	0	N/A	0	6th	200	200
34th	Mary	Pope	6th	200	N/A	0	N/A	0	N/A	0	200
35th	Michelle	van Walraven	6th	200	N/A	0	N/A	0	N/A	0	200
36th	Lia	Kutzscher	N/A	0	N/A	0	10th	180	N/A	0	180
37th	Daniela	Steyn	N/A	0	7th	180	N/A	0	N/A	0	180
38th	Michele	Sykes	N/A	0	N/A	0	N/A	0	7th	180	180
39th	Janet	Tufts	N/A	0	N/A	0	N/A	0	7th	180	180
40th	Jennifer	Denomy	N/A	0	N/A	0	N/A	0	8th	160	160
41st	Andrea	Foster	N/A	0	N/A	0	N/A	0	8th	160	160
42nd	Gillian	Johnstone	8th	160	N/A	0	N/A	0	N/A	0	160
43rd	Linda	Martin	N/A	0	N/A	0	11th	150	N/A	0	150
44th	Carol	Kilner	12th	90	N/A	0	N/A	0	N/A	0	90
45th	Momiji	Kishi	N/A	0	N/A	0	N/A	0	12th	90	90
46th	Sengul	Nalci Tumer	13th	80	N/A	0	N/A	0	N/A	0	80
47th	Charlotte	Alexander	N/A	0	N/A	0	16th	75	N/A	0	75
48th	Beth	Holmes	N/A	0	N/A	0	16th	75	N/A	0	75
49th	Bei	Huang	N/A	0	N/A	0	16th	75	N/A	0	75
50th	Susan	Sami	N/A	0	N/A	0	16th	75	N/A	0	75
51st	Fauzia	Hm	N/A	0	N/A	0	N/A	0	17th	40	40
52nd	Susan	Snook	17th	40	N/A	0	N/A	0	N/A	0	40
53rd	Kacie	Gardiner	18th	30	N/A	0	N/A	0	N/A	0	30
54th	Jen	Sawyer	N/A	0	N/A	0	19th	30	N/A	0	30
55th	Sarah	Power-Smith	19th	20	N/A	0	N/A	0	N/A	0	20
56th	Madalyn	Marcus	N/A	0	N/A	0	N/A	0	20th	10	10

Male Masters

Place	First Name	Last Name	IRONMAN 70.3 Muskoka		MSC K-Town		IRONMAN Ottawa		Niagara Barrleman		Series Points
			Place	Points	Place	Points	Place	Points	Place	Points	
1st	Ryan	Hiscox	1st	325	N/A	0	1st	487.5	N/A	0	812.5

2nd	Andrew	Graham	N/A	0	1st	325	N/A	0	1st	325	650
3rd	Luke	Ehgoetz	3rd	265	2nd	290	N/A	0	1st	325	615
4th	Matt	Barfoot	4th	240	N/A	0	4th	360	N/A	0	600
5th	John	Skain	N/A	0	2nd	290	N/A	0	3rd	265	555
6th	Nicholas	Yardley	6th	200	N/A	0	N/A	0	2nd	290	490
7th	Alec	Main	N/A	0	N/A	0	1st	487.5	N/A	0	487.5
8th	Bruno	Lafreniere	10th	120	N/A	0	10th	180	3rd	265	445
9th	Michael	Michaud	N/A	0	1st	325	13th	120	N/A	0	445
10th	Michael	Telpner	9th	140	N/A	0	N/A	0	3rd	265	405
11th	Chris	Stebbing	N/A	0	5th	220	N/A	0	7th	180	400
12th	John	Cappelletti	N/A	0	N/A	0	3rd	397.5	N/A	0	397.5
13th	Brian	Miller	N/A	0	N/A	0	3rd	397.5	N/A	0	397.5
14th	Josh	McPhie	3rd	265	N/A	0	13th	120	N/A	0	385
15th	Colin	Cunningham	N/A	0	N/A	0	14th	105	4th	240	345
16th	Steve	Hiscox	4th	240	N/A	0	15th	90	N/A	0	330
17th	Frank	Brennan	N/A	0	N/A	0	N/A	0	1st	325	325
18th	Rob	Cairns	1st	325	N/A	0	N/A	0	N/A	0	325
19th	Christopher	Caswell	N/A	0	1st	325	N/A	0	N/A	0	325
20th	Doug	Harrison	N/A	0	N/A	0	N/A	0	1st	325	325
21st	Paul	Miller	N/A	0	1st	325	N/A	0	N/A	0	325
22nd	John	Corelli	N/A	0	N/A	0	6th	300	N/A	0	300
23rd	Kevin	Mcgilly	N/A	0	N/A	0	N/A	0	2nd	290	290
24th	Sean	Gilday	2nd	290	N/A	0	N/A	0	N/A	0	290
25th	John	Hewitt	N/A	0	N/A	0	N/A	0	2nd	290	290
26th	Clinton	Lahnalampi	N/A	0	N/A	0	N/A	0	2nd	290	290
27th	Miles	Speedie	N/A	0	N/A	0	N/A	0	2nd	290	290
28th	John	Wragg	2nd	290	N/A	0	N/A	0	N/A	0	290
29th	Stacey	Ison	3rd	265	N/A	0	N/A	0	N/A	0	265
30th	Thomas	Hunter	N/A	0	N/A	0	N/A	0	4th	240	240
31st	Kerri	Brass	4th	240	N/A	0	N/A	0	N/A	0	240
32nd	Thomas	Hunter	N/A	0	4th	240	N/A	0	N/A	0	240
33rd	Ramon	Kagan	N/A	0	4th	240	N/A	0	N/A	0	240
34th	Greg	Poulis	N/A	0	N/A	0	8th	240	N/A	0	240
35th	Austin	Kjorven	5th	220	N/A	0	N/A	0	N/A	0	220
36th	Ka-Yu	Law	N/A	0	5th	220	N/A	0	N/A	0	220
37th	Jared	Riley	N/A	0	N/A	0	N/A	0	6th	200	200
38th	David	Greenfield	6th	200	N/A	0	N/A	0	N/A	0	200
39th	Geoff	Werstuck	N/A	0	N/A	0	N/A	0	6th	200	200
40th	kevin	higgins	7th	180	N/A	0	N/A	0	N/A	0	180
41st	Geoff	Roth	N/A	0	7th	180	N/A	0	N/A	0	180
42nd	Shane	Fitzgerald	N/A	0	N/A	0	N/A	0	8th	160	160
43rd	Brad	Benson	N/A	0	N/A	0	N/A	0	8th	160	160
44th	Chris	Coggans	N/A	0	8th	160	N/A	0	N/A	0	160
45th	Jorn	Diedrichsen	N/A	0	N/A	0	N/A	0	9th	140	140
46th	Andrew	Lin	N/A	0	N/A	0	N/A	0	9th	140	140
47th	Brian	Cox	N/A	0	N/A	0	N/A	0	9th	140	140
48th	Cam	Crosbie	9th	140	N/A	0	N/A	0	N/A	0	140
49th	James	Schmidt	9th	140	N/A	0	N/A	0	N/A	0	140
50th	Mark	Bantoft	N/A	0	N/A	0	N/A	0	10th	120	120
51st	GREG	DECK	10th	120	N/A	0	N/A	0	N/A	0	120

52nd	Arturo	Garcia	N/A	0	N/A	0	N/A	0	10th	120	120
53rd	Andre	Girard	10th	120	N/A	0	N/A	0	N/A	0	120
54th	Grant	Jackson	N/A	0	N/A	0	N/A	0	10th	120	120
55th	Brian	Laundry	N/A	0	N/A	0	14th	105	N/A	0	105
56th	Dante	Capannelli	N/A	0	N/A	0	N/A	0	11th	100	100
57th	Gerald	O'Toole	N/A	0	11th	100	N/A	0	N/A	0	100
58th	Bahram	Farhang	N/A	0	N/A	0	N/A	0	12th	90	90
59th	Tim	Gordon	12th	90	N/A	0	N/A	0	N/A	0	90
60th	Chris	Robertson	N/A	0	12th	90	N/A	0	N/A	0	90
61st	Hendrik	Schuurmans	N/A	0	N/A	0	N/A	0	12th	90	90
62nd	Ben	St Clair	N/A	0	N/A	0	N/A	0	12th	90	90
63rd	John	O'Neil	N/A	0	N/A	0	N/A	0	13th	80	80
64th	Ramon	Kagan	N/A	0	N/A	0	N/A	0	14th	70	70
65th	Trevor	Hood	15th	60	N/A	0	N/A	0	N/A	0	60
66th	Mike	Mcneil	N/A	0	N/A	0	N/A	0	16th	50	50
67th	Wei	Ren	N/A	0	N/A	0	18th	45	N/A	0	45
68th	Brad	Cole	N/A	0	N/A	0	N/A	0	18th	30	30
69th	Matthew	Sambrook	N/A	0	N/A	0	N/A	0	18th	30	30
70th	John	Moffatt	N/A	0	N/A	0	N/A	0	19th	20	20
71st	Jordan	White	19th	20	N/A	0	N/A	0	N/A	0	20
72nd	Sean	Bryant	20th	10	N/A	0	N/A	0	N/A	0	10
73rd	Christopher	Carter	N/A	0	N/A	0	N/A	0	20th	10	10
74th	Alexey	Filatov	N/A	0	N/A	0	N/A	0	20th	10	10