

## Triathlon Ontario Drafting Certification Host Requirements

## Overview

Triathlon Ontario believes developing specific skills it has identified in its "Bike Skills and Drafting Certification Checklist" is the foundation to safe and successful cycling in the dynamic and aggressive environment that the sport of triathlon demands. These skills are the starting point and foundation for improved cycling skills and all athletes should be encouraged to practice and improve these skills at every opportunity.

Drafting certification is a key component of Triathlon Ontario's Provincial Development Program ("PDP"). The overriding objective of the PDP is to support and prepare athletes and coaches for long term success in draft legal racing at the national and international levels.

The four areas the Program focusses on are as follows:

- 1) Racing Environment
- 2) Coach Education and Development
- 3) Training Environment
- 4) Education and Event Support

Draft certification falls within the Racing Environment component by helping to establish a base foundation of skill sets required to safely prepare and succeed at draft legal racing. The drafting certification process is overseen and administered by Triathlon Ontario to ensure consistency and safety. Triathlon Ontario has created a process by which a coach within a sanctioned program can potentially host a drafting certification.

## Requirements

- Coach must be a current Triathlon Ontario member in good standing
- Coach must be an NCCP Competition Certified coach or working towards certification
- Coach must attend and assist three certifications hosted by Triathlon Ontario's Provincial Development Coach
- Coach must host/run one certification evaluated by Triathlon Ontario's Provincial Development Coach using Triathlon Ontario's "Bike Skills and Drafting Certification Checklist"
- Any future certification run by a coach other than the Provincial Development Coach must have pre-approval by Triathlon Ontario in terms of logistics, venue, timing and content in order for the certifications to be valid
- Certifications are free of charge and open to all Youth/Junior/U23 Triathlon Ontario members seeking draft legal certification

For any questions about the certification process, PDP or any other development topics, please contact Provincial Development Coach Greg Kealey at <u>coach@triathlonontario.com</u>.