

Provincial Development Coach

Greg Kealey

Since its inception in 2013, the Provincial Development Program has been led by the Provincial Development Coach Greg Kealey. The Provincial coaching role has grown in step with the growth and expansion of the Provincial Program, from a quarter-time position to a full-time position in 2017.

Prior to joining Triathlon Ontario, Coach Kealey founded the Ottawa based ByTown Storm in 2001 and has served as its head coach for its entirety. The ByTown Storm is one of Canada's most successful and longest running youth development clubs.

Coach Kealey is one of the most experienced development coaches in Canada, having earned a number of international and national coaching opportunities as well as critical coach mentorships with internationally renowned coaches. It is a combination of these experiences and his core belief that coaches need to continually explore and be open to learning that have provided Coach Kealey with insight into the demands of the sport along the pathway from young development athlete to professional ITU racing.

Coaching Assignments

2017 – Canada Summer Games Coach – (double silver, double bronze)

2013 – Canada Summer Games Coach – (gold, silver, bronze)

2013 – Triathlon Canada CAMTRI Championships Junior/U23 Lead Coach

2012 – Triathlon Canada CAMTRI Championships Junior/U23 Lead Coach

2011 – Triathlon Canada CAMTRI Championships Junior Team Coach

2011 – Triathlon Canada ITU World Championships Junior /U23 Assistant Coach

2011 – PAN AM Games Barbados Triathlon Association Coach

2010 – Triathlon Canada European ITU Race Tour Coach

Recent Coaching Mentorships

Jono Hall – Triathlon Canada High Performance National Coach

One-week mentorship - Arizona 2018

One-week mentorship - Arizona 2016

Jamie Turner – Triathlon Australia High Performance Coach

Six-week mentorship – Vitoria/Gastez, Spain 2015

Six-week mentorship – Mooloolaba, Australia 2014

Glenroy Gilbert – Head Coach Sprints and Relays, Athletic Canada and Olympic Gold medalist. Since 2013, Glenroy has worked with Coach Kealey quarterly, developing speed skill clinics, drills and corrective techniques, and speed skill assessments.

Dr. Genadijus Sokolovas – One of the world’s most accomplished swim coaches, Dr.G (of USA Swimming from 2000-2008) currently consults with National swim organizations around the world.

Three-day swim assessment and corrective clinic - 2018

Three-day swim assessment and corrective swim clinic - 2014

Athlete Achievements

While either working with athletes at the ByTown Storm or directly with the Province Coach Kealey’s athletes have experiences numerous Junior and U23 National and International successes.

Taylor Forbes – 2015 National and U23 National Champion and World’s team member

Austen Forbes – 2015 National and U23 National silver medalist and World’s team member

Matt Vierula – 2012 U23 National silver medalist and World’s team member

2011 U23 National silver medalist

2009 Junior National silver medalist

2008 Junior National Champion

Samantha Klus – 2012 Junior World’s team member

2013 Junior National silver medalist

2014 Junior National bronze medalist

Joanna Brown – 2011 Junior National silver medalist and World’s team member

2010 Junior World bronze medalist and National Champion

Tristan Woodfine – 2011 Junior National Champion and World’s team member