



RESULTS

INDOOR TRIATHLON PROVINCIAL CHAMPIONSHIPS SERIES

March 14, 2026

Winners

Race Winners

Athlete					Laps			Points			Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Paul Bregin	Toronto	Men	40-49	21.5	10.5	19.5	430	525	488		1443	1	1	1
Ayesha Rollinson	Toronto	Women	40-49	19.5	9.1	16.5	390	455	413		1258	6	1	1

Age Group Winners

Athlete					Laps			Points			Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Sidney Stewart	Nepean	Men	U17	22	10.2	17	440	510	425		1375	3	3	1
Eric Szafranski	Buffalo	Men	20-29	16	10.2	15.5	320	510	388		1218	10	9	1
Jose Ricardo Chavez Gomezjura	Toronto	Men	30-39	16	9.4	16	320	470	400		1190	16	13	1
Paul Bregin	Toronto	Men	40-49	21.5	10.5	19.5	430	525	488		1443	1	1	1
Eric Musselman	Stouffville	Men	50-59	13	11.8	17	260	590	425		1275	4	4	1
Kelvin Landolt	Toronto	Men	60+	18	8.6	14.5	360	430	363		1153	21	18	1
Maelle Bouchard	Orillia	Women	U17	21	8	15	420	400	375		1195	15	3	1
Riley Field	Toronto	Women	16-19	17	7.8	12	340	390	300		1030	39	12	1
Cindy Li	Toronto	Women	20-29	16.5	8.9	15	330	445	375		1150	22	4	1
Alexandra Gunn	Unionville	Women	30-39	18	9.1	16	360	455	400		1215	12	2	1
Ayesha Rollinson	Toronto	Women	40-49	19.5	9.1	16.5	390	455	413		1258	6	1	1
Nathalie Chiasson	Toronto	Women	50-59	14.5	8.2	15	290	410	375		1075	31	7	1
Santina Innocente	Woodbridge	Women	60+	12	7.7	12	240	385	300		925	49	21	1

Relay Winners

Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Team JH	Toronto	Relay	#N/A	15	7	13	300	350	325		975	1	1	1

Notes

Scoring: Swim 20pt/50m lap or 10pt/25m lap, Bike 50pt/km, Run 25pt/lap or 13pt/half lap.

Accuracy: Scored to completed 0.5 lap increments swim & run, completed 0.1km bike.

Ties: Total points ties settled by run score, remaining ties settled by bike score, absolute ties scored as ties.

Changes: Protests to lap counting are not allowed. Missing score cards are scored DNS and will not appear in results.

NC=Non-Competition (Athlete wishes to complete race but not compete, usually due to requiring illegal equipment.)

Age Group Results

Open - Men U17

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Sidney Stewart	Nepean	Men	U17	22	10.2	17	440	510	425		1375	3	3	1
Liam Greenley	Toronto	Men	U17	17.5	9.5	17.5	350	475	438		1263	5	5	2
Jeevabharathi Arun Madhumith	Markham	Men	U17	14.5	8.9	16	290	445	400		1135	23	19	3
Eli Quan	Richmond Hill	Men	U17	17	9.5	12	340	475	300		1115	29	23	4
Ishaan Raam Raghuprasad	Markham	Men	U17	13.5	8.7	15.5	270	435	388		1093	30	24	5

Open - Men 20-29

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Eric Szafranski	Buffalo	Men	20-29	16	10.2	15.5	320	510	388		1218	10	9	1
Phoenix Roy	Richmond Hill	Men	20-29	18	9.9	14.5	360	495	363		1218	11	10	2
Jorge Rodrigo Velazquez Espino	Toronto	Men	20-29	16	8.1	16	320	405	400		1125	24	20	3
Abhir Hossain	Oakville	Men	20-29	8	6.1	14.5	160	305	363		828	59	32	4
William Younie	Toronto	Men	20-29	14	10.2		280	510		DNF	790			

Open - Men 30-39

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Jose Ricardo Chavez Gomezjura	Toronto	Men	30-39	16	9.4	16	320	470	400		1190	16	13	1
Cyril Penot	Toronto	Men	30-39	14.5	9.6	16.5	290	480	413		1183	18	15	2
Mike Mackett	St. Catharines	Men	30-39	14.5	9.5	15.5	290	475	388		1153	20	17	3
Yamin Benmessaoud	Toronto	Men	30-39	13.5	8.4	14	270	420	350		1040	37	27	4
Alfredson Reyes	Toronto	Men	30-39	10	8.2	15.5	200	410	388		998	42	28	5
Nicolas Sabia	Guelph	Men	30-39	13.5	6	10	270	300	250		820	60	33	6

Open - Men 40-49

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Paul Bregin	Toronto	Men	40-49	21.5	10.5	19.5	430	525	488		1443	1	1	1
Derek Lantz	Newcastle	Men	40-49	20	10.7	19.5	400	535	488		1423	2	2	2
Santiago Rojas	Bowmanville	Men	40-49	19	9.5	16	380	475	400		1255	7	6	3
Adrian Joseph	Brampton	Men	40-49	16	10.3	16	320	515	400		1235	8	7	4
Marcio Cassol	Woodbridge	Men	40-49	13.5	10.9	14	270	545	350		1165	19	16	5
Steve Young	Toronto	Men	40-49	16	8.8	12	320	440	300		1060	33	25	6
Soleil Tremblay	Huberdeau	Men	40-49	15.5	4.6	12.5	310	230	313		853	56	29	7
Sergio Alves	Brampton	Men	40-49	8	8.6	10.5	160	430	263		853	57	30	8

Open - Men 50-59

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Eric Musselman	Stouffville	Men	50-59	13	11.8	17	260	590	425		1275	4	4	1
Michael Barnes	Toronto	Men	50-59	15.5	9.8	17	310	490	425		1225	9	8	2
Keith Brown	Ajax	Men	50-59	14.5	10.9	15	290	545	375		1210	13	11	3
Tim Hartley	London	Men	50-59	17.5	9.9	14.5	350	495	363		1208	14	12	4
Bruce Kwok	Toronto	Men	50-59	18	9.3	14.5	360	465	363		1188	17	14	5
Corwin Ang	Mississauga	Men	50-59	13.5	8.9	16	270	445	400		1115	28	22	6
Stephen La Salle	Beamsville	Men	50-59	12	4	9.5	240	200	238		678	67	34	7

Open - Men 60+

Athlete				Laps			Points			Rank				
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Kelvin Landolt	Toronto	Men	60+	18	8.6	14.5	360	430	363		1153	21	18	1
Todd Latham	Toronto	Men	60+	16	9	14	320	450	350		1120	26	21	2
James Swinnerton	Brampton	Men	60+	13	8.4	15	260	420	375		1055	34	26	3
Julian Kenney	Mississauga	Men	60+	12.5	7.7	8.5	250	385	213		848	58	31	4

Open - Women U17

Athlete				Laps			Points			Rank				
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Maelle Bouchard	Orillia	Women	U17	21	8	15	420	400	375		1195	15	3	1
Katie Kempf	Toronto	Women	U17	16	7.7	16.5	320	385	413		1118	27	6	2
Mikaela Penaloza	Toronto	Women	U17	16	6.9	14.5	320	345	363		1028	41	14	3

Open - Women 16-19

Athlete				Laps			Points			Rank				
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Riley Field	Toronto	Women	16-19	17	7.8	12	340	390	300		1030	39	12	1

Open - Women 20-29

Athlete				Laps			Points			Rank				
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Cindy Li	Toronto	Women	20-29	16.5	8.9	15	330	445	375		1150	22	4	1
Chloe Nolet	Fort Erie	Women	20-29	15	7.7	17.5	300	385	438		1123	25	5	2
Mariah Di Marino	Vaughan	Women	20-29	13	7.2	13.5	260	360	338		958	46	18	3
Montserrat De Los Rios	Scarborough	Women	20-29	14	7.3	11	280	365	275		920	50	22	4

Open - Women 30-39

Athlete				Laps			Points			Rank				
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Alexandra Gunn	Unionville	Women	30-39	18	9.1	16	360	455	400		1215	12	2	1
Lynn Davidson	Toronto	Women	30-39	14	9.7	12	280	485	300		1065	32	8	2
Michelle Cameron	Toronto	Women	30-39	13	8.7	12	260	435	300		995	43	15	3
Carolina Rodriguez	Toronto	Women	30-39	11	7.8	14.5	220	390	363		973	45	17	4
Ana Cristina Suarez Espinosa	Toronto	Women	30-39	13	6.8	11	260	340	275		875	55	27	5
Deborah Dos Santos	Toronto	Women	30-39	10	6.6	11	200	330	275		805	61	28	6
Rebecca Saldanha	Scarborough	Women	30-39	8.5	6.9	9	170	345	225		740	64	31	7
Suneeta Warraich	Brampton	Women	30-39	8.5	5.3	7.5	170	265	188		623	68	34	8

Open - Women 40-49

Athlete				Laps			Points			Rank				
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Ayesha Rollinson	Toronto	Women	40-49	19.5	9.1	16.5	390	455	413		1258	6	1	1
Heather Ciasnocha	Kleinburg	Women	40-49	12	8.5	15.5	240	425	388		1053	36	10	2
Kassie Kei-Baxter	Markham	Women	40-49	8	8	14	160	400	350		910	51	23	3
Meena Tanwar	Markham	Women	40-49	11.5	5.3	7.5	230	265	188		683	66	33	4

Open - Women 50-59

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Nathalie Chiasson	Toronto	Women	50-59	14.5	8.2	15	290	410	375		1075	31	7	1
Synika Gee	Kingston	Women	50-59	14	8.5	14	280	425	350		1055	35	9	2
Victoria Winter	Toronto	Women	50-59	15.5	8.1	13	310	405	325		1040	38	11	3
Mojgan Momayezsiahal	Toronto	Women	50-59	13	8.1	14.5	260	405	363		1028	40	13	4
Laura-Lee Catleugh	Toronto	Women	50-59	14	8.8	11	280	440	275		995	44	16	5
Charlene Scheuneman	Pickering	Women	50-59	11	7.8	13.5	220	390	338		948	47	19	6
Ivy Stockley	Markham	Women	50-59	14	7.6	11.5	280	380	288		948	48	20	7
Rebecca Astles	Whitby	Women	50-59	11	7.6	11	220	380	275		875	54	26	8
Candace Johnson	Georgetown	Women	50-59	7	7	9	140	350	225		715	65	32	9

Open - Women 60+

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Santina Innocente	Woodbridge	Women	60+	12	7.7	12	240	385	300		925	49	21	1
Janet Markham	Toronto	Women	60+	12	8.4	9.5	240	420	238		898	52	24	2
Jyl Mcgunigal	Toronto	Women	60+	12.5	7.5	10.5	250	375	263		888	53	25	3
Sheila Thomas	Toronto	Women	60+	9.5	6.8	9.5	190	340	238		768	62	29	4
Celia Montebello	Maple	Women	60+	6	7.5	10.5	120	375	263		758	63	30	5

Relay - Relay

Athlete				Laps			Points				Rank			
Name	City	Gender	AG	Swim	Bike	Run	Swim	Bike	Run	Penalty	Total	Overall	Gender	Category
Team JH	Toronto			15	7	13	300	350	325		975	1	1	1
Team Yeh	Richmond Hill			12	8.6	11	240	430	275		945	2	2	2