



RESULTS

INDOOR TRIATHLON PROVINCIAL CHAMPIONSHIPS

May 4, 2019

Winners

Overall

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Aleksandrea Jones	Female	19<	44	13.4	15.5	440	670	388	1498	1	1
Mikael Staer Nathan	Male	30-39	46	14.6	22	460	730	550	1740	1	1

Age Group - Women

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Aleksandrea Jones	Female	19<	44	13.4	15.5	440	670	388	1498	1	1
Heather Grandy	Female	20-29	32	11.9	13.5	320	595	338	1253	6	1
Robyn Simard	Female	30-39	35	10.2	14.5	350	510	363	1223	7	1
Jennifer Neveu-Campsall	Female	40-49	24	13.7	13.5	240	685	338	1263	4	1
Andrea Whiteacre	Female	50+	33	12.3	11	330	615	275	1220	8	1
Vivian Chong	Female	Para VI	13	8.7	11.5	130	435	288	853	27	1

Age Group - Men

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
William Weist	Male	19<	33	13.1	17	330	655	425	1410	4	1
Mikael Staer Nathan	Male	30-39	46	14.6	22	460	730	550	1740	1	1
Ted Spencer	Male	40-49	36	12	18.5	360	600	463	1423	3	1
Darrin Amell	Male	50+	40	13	16	400	650	400	1450	2	1

AG Results - Women

F19<

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Aleksandrea Jones	Female	19<	44	13.4	15.5	440	670	388	1498	1	1
Arquelle Staveley	Female	19<	38	10.2	16.5	380	510	413	1303	2	2
Victoria Flowerday	Female	19<	38	11.6	12.5	380	580	313	1273	3	3
Taylor Slipp	Female	19<	35	10.9	14.5	350	545	363	1258	5	4
Megan Grennell	Female	19<	27	9.5	11.5	270	475	288	1033	19	5

F20-29

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Heather Grandy	Female	20-29	32	11.9	13.5	320	595	338	1253	6	1
Haley Grennell	Female	20-29	37	10.4	11.5	370	520	288	1178	9	2

F30-39

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Robyn Simard	Female	30-39	35	10.2	14.5	350	510	363	1223	7	1
Kirsty Millwood	Female	30-39	25	10.7	15	250	535	375	1160	10	2
Kathy Rowbotham	Female	30-39	33	10.2	12.5	330	510	313	1153	11	3
Alejandra Espinosa Farfan	Female	30-39	25	11.4	13	250	570	325	1145	12	4
Izabella Bejm	Female	30-39	27	10.7	11.5	270	535	288	1093	16	5
Erin Bailey	Female	30-39	24	9.7	11.5	240	485	288	1013	20	6
Marta Kowalczyk	Female	30-39	20	9.5	12.5	200	475	313	988	21	7

F40-49

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Jennifer Neveu-Campsall	Female	40-49	24	13.7	13.5	240	685	338	1263	4	1
Monica Dillon	Female	40-49	21	11.2	14	210	560	350	1120	14	2
Vassiliki Tsoutsoubri	Female	40-49	18	11.5	14.5	180	575	363	1118	15	3
Melanie Waltman	Female	40-49	31	9.2	11	310	460	275	1045	18	4
Melisa Audet	Female	40-49	24	9.1	10	240	455	250	945	22	5
Ellen Hsiang	Female	40-49	21	9.1	11	210	455	275	940	23	6
Judy Munro	Female	40-49	16	9.5	8.5	160	475	213	848	26	7

F50+

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Andrea Whiteacre	Female	50+	33	12.3	11	330	615	275	1220	8	1
Susan Critoph	Female	50+	29	11.6	11	290	580	275	1145	12	2
Kristin Heshka	Female	50+	28	10.7	11	280	535	275	1090	17	3
Lorna Murphy	Female	50+	18	10.4	9	180	520	225	925	24	4
Inger England	Female	50+	18	9.6	8	180	480	200	860	25	5

Para VI

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Vivian Chong	Female	Para VI	13	8.7	11.5	130	435	288	853	27	1

AG Results - Men

M19<

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
William Weist	Male	19<	33	13.1	17	330	655	425	1410	4	1
Connor Mcinnis	Male	19<	30	9.1	14	300	455	350	1105	21	2

M20-29

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
N/A											

M30-39

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Mikael Staer Nathan	Male	30-39	46	14.6	22	460	730	550	1740	1	1
Benjamin Wuethrich	Male	30-39	23	13.6	18	230	680	450	1360	6	2
Alejandro Dela	Male	30-39	38.5	10.9	17	385	545	425	1355	7	3
Oscar Siwiec	Male	30-39	38	9	17.5	380	450	438	1268	10	4
Nicholas Yurkovich	Male	30-39	28	11	16	280	550	400	1230	13	5
Elliott Tsang	Male	30-39	26	10.3	16	260	515	400	1175	17	6
Ben Millwood	Male	30-39	32	11	0	320	550	0	870	26	7

M40-49

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Ted Spencer	Male	40-49	36	12	18.5	360	600	463	1423	3	1
Alan Maynes	Male	40-49	34	12.2	14.5	340	610	363	1313	9	2
Mario Pistone	Male	40-49	22	13.4	15	220	670	375	1265	11	3
Kris Steed	Male	40-49	33	9.5	17	330	475	425	1230	13	4
Jeff Cowling	Male	40-49	22	12.8	14	220	640	350	1210	15	5
David Ho	Male	40-49	24	11.6	12.5	240	580	313	1133	18	6
Robert Chan	Male	40-49	24	9.8	13.5	240	490	338	1068	23	7

M50+

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Darrin Amell	Male	50+	40	13	16	400	650	400	1450	2	1
Matt O'Gorman	Male	50+	36	12.3	15.5	360	615	388	1363	5	2
Todd Latham	Male	50+	34	12.2	15.5	340	610	388	1338	8	3
Michael Anderson	Male	50+	29	11.8	15	290	590	375	1255	12	4
Max Tremblay	Male	50+	25	11.8	14	250	590	350	1190	16	5
Ron Krueger	Male	50+	21	12	12.5	210	600	313	1123	19	6
Paul Grennell	Male	50+	29	10.1	12.5	290	505	313	1108	20	7
Stephen Cairns	Male	50+	31	8.6	14.5	310	430	363	1103	22	8
Philip Barton	Male	50+	21	9.1	11.5	210	455	288	953	24	9
Dimitrios Miras	Male	50+	8	9.8	13.5	80	490	338	908	25	10

Relay

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
N/A											

Notes

Scoring: Swim 10pt/25m lap, Bike 50pt/km, Run 25pt/200m lap, scored at 0.5 lap increments swim & run, 0.1km bike.
 Changes: Protests to lap counting are not allowed. Missing score cards are scored DNS.
 Updates: Protest 2019-05-07 score card error Female <19 AG, Correction 2019-05-08 score card error Male 40-49 AG