

RESULTS
INDOOR TRIATHLON PROVINCIAL CHAMPIONSHIPS

April 22, 2018

Winners
Overall

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Dominika Jamnicky	Female	20-29	47	12.7	19.5	470	635	488	1593	1	1
Pierre-Luc Bélanger-Melançon	Male	20-29	44.5	15	20.5	445	750	513	1708	1	1

Age Group - Women

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Haley Sturrock	Female	19<	44	12	17	440	600	425	1465	3	1
Dominika Jamnicky	Female	20-29	47	12.7	19.5	470	635	488	1593	1	1
Jade Lee	Female	30-39	40	11.2	14	400	560	350	1310	13	1
Ayesha Rollinson	Female	40-49	41	11.8	17	410	590	425	1425	7	1
Andrea Whiteacre	Female	50+	32.5	11.9	13	325	595	325	1245	21	1

Age Group - Men

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Tristen Jones	Male	19<	49	13.5	21.5	490	675	538	1703	2	1
Pierre-Luc Bélanger-Melançon	Male	20-29	44.5	15	20.5	445	750	513	1708	1	1
Paul Bregin	Male	30-39	46.5	12.9	19.5	465	645	488	1598	5	1
Gordon Ngan	Male	40-49	45.5	11.3	18.5	455	565	463	1483	11	1
Darrin Amell	Male	50+	40.5	13.6	17.5	405	680	438	1523	8	1

Relay

Name	Category	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	Category
CarLion	Relay	Relay	49	12.65	18.5	490	633	463	1586	N/A	1

AG Results
F19<

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Haley Sturrock	Female	19<	44	12	17	440	600	425	1465	3	1
Joana Ceddia	Female	19<	44	11	18	440	550	450	1440	4	2
Kira Gupta-Baltazar	Female	19<	48	9.7	18.5	480	485	463	1428	6	3
Chilyn Fenton	Female	19<	46	12	14.5	460	600	363	1423	8	4
Taylor Embree	Female	19<	41	11.7	17	410	585	425	1420	9	5
Emily Dodge	Female	19<	38.5	12.1	16	385	605	400	1390	10	6
Sarah-Rose Sullivan	Female	19<	28.5	11.5	18.5	285	575	463	1323	12	7
Sarah Gillis	Female	19<	37.5	10.7	15	375	535	375	1285	18	8
Reegan Chinchilla	Female	19<	37	9.5	14.5	370	475	363	1208	23	9
Jaime West	Female	19<	35	10.1	14	350	505	350	1205	24	10
Jessy Carveth	Female	19<	29.5	7.8	15	295	390	375	1060	40	11
Annika Kim	Female	19<	26	7.8	13	260	390	325	975	45	12

F20-29

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Dominika Jamnicky	Female	20-29	47	12.7	19.5	470	635	488	1593	1	1
Cate Skain	Female	20-29	45	12.1	18	450	605	450	1505	2	2
Lauren Kanko	Female	20-29	36	12.5	18	360	625	450	1435	5	3
Beth Wideman	Female	20-29	35	11	16	350	550	400	1300	15	4
Lindsay Saldanha	Female	20-29	24.5	11.68	15.5	245	584	388	1217	22	5
Rebecca Chessman	Female	20-29	24	11.2	13.5	240	560	338	1138	32	6
Danielle Burt	Female	20-29	29	10.4	13	290	520	325	1135	33	7
Kelsey Roberts	Female	20-29	27	9.4	15.5	270	470	388	1128	35	8
Katie Reese	Female	20-29	20	11.1	12	200	555	300	1055	41	9
Allison Tse	Female	20-29	19	9.9	11.25	190	495	281	966	46	10
Tara Wiedeman	Female	20-29	23.5	7.9	12	235	395	300	930	49	11

F30-39

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Jade Lee	Female	30-39	40	11.2	14	400	560	350	1310	13	1
Amanda Pryde	Female	30-39	35	11.6	15	350	580	375	1305	14	2
Robyn Mcclinchey	Female	30-39	35	12.3	13	350	615	325	1290	16	3
Joanna Jackson	Female	30-39	38	10.4	15.5	380	520	388	1288	17	4
Carolyn Steele Gray	Female	30-39	29	11.68	16	290	584	400	1274	19	5
Kristin Wilson	Female	30-39	32	11.2	15.5	320	560	388	1268	20	6
Liz McLaughlin	Female	30-39	29	10.5	13	290	525	325	1140	31	7
Sarah Nevill	Female	30-39	27	10.8	12.5	270	540	313	1123	36	8
Diana Jones	Female	30-39	31	9.5	13.5	310	475	338	1123	36	8
Kathy Rowbotham	Female	30-39	32	9.4	13	320	470	325	1115	38	10
Erin Stone	Female	30-39	19.5	11.5	12	195	575	300	1070	39	11
Jamie Cuthbertson	Female	30-39	21	8.3	13.5	210	415	338	963	47	12
Chelsea Mohler	Female	30-39	18	9.4	10.5	180	470	263	913	52	13

F40-49

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Ayesha Rollinson	Female	40-49	41	11.8	17	410	590	425	1425	7	1
Kira L. Neill	Female	40-49	37	12.4	16	370	620	400	1390	10	2
Sasha Bejjany	Female	40-49	34.5	9.5	15	345	475	375	1195	26	3
Cathy Cook	Female	40-49	31	10.4	14	310	520	350	1180	27	4
Berard Lissa	Female	40-49	30	10.9	13	300	545	325	1170	29	5
Andrea Marsales	Female	40-49	28	11	12.5	280	550	313	1143	30	6
Amy Herskowitz	Female	40-49	31	10	13	310	500	325	1135	33	7
Amy Cheng	Female	40-49	19	10.3	13.5	190	515	338	1043	42	8
Marina Fountikova	Female	40-49	23	8.8	13.5	230	440	338	1008	43	9
Jenny Huang	Female	40-49	23	9.3	11.5	230	465	288	983	44	10
Juliana Lima	Female	40-49	26	8.4	11	260	420	275	955	48	11
Karen Robson	Female	40-49	19	8.8	11.5	190	440	288	918	51	12
Linda Ren	Female	40-49	21	8.2	10.5	210	410	263	883	53	13
Jennifer Bartos	Female	40-49	18	8.2	11.5	180	410	288	878	54	14
Stella Zhang	Female	40-49	14.5	7.6	11.5	145	380	288	813	55	15
Judy Munro	Female	40-49	16	8.25	8	160	413	200	773	56	16
Lindsay Vian	Female	40-49	18	8.1	4	180	405	100	685	58	17

F50+

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Andrea Whiteacre	Female	50+	32.5	11.9	13	325	595	325	1245	21	1
Maureen Graszat	Female	50+	25	12	14	250	600	350	1200	25	2
Kathryn Dertinger	Female	50+	29	10.3	15	290	515	375	1180	27	3
Katherine Yu	Female	50+	23	7.3	13	230	365	325	920	50	4
Charlene Smith	Female	50+	16	7.6	8	160	380	200	740	57	5

M19<

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Tristen Jones	Male	19<	49	13.5	21.5	490	675	538	1703	2	1
Lukas Vadeika	Male	19<	45.5	13.12	19	455	656	475	1586	6	2
Eamon Hagarty	Male	19<	46	12.7	18	460	635	450	1545	7	3
Liam Fitzgerald	Male	19<	45	9.5	20	450	475	500	1425	15	4
Zain-Olivier Trottier	Male	19<	42	10.3	15.5	420	515	388	1323	22	5
Aidan Kim	Male	19<	37.5	11.1	15	375	555	375	1305	23	6
Keven Brennan	Male	19<	39.5	8.3	17.5	395	415	438	1248	30	7
Joshua Gopaul	Male	19<	23	11	14	230	550	350	1130	39	8
Avesta Ashouri	Male	19<	41.5	7.5	13.5	415	375	338	1128	40	9
Rein Lilles	Male	19<	16	9.6	9.5	160	480	238	878	53	10
Seiji Ogihara	Male	19<	11.5	5.2	8	115	260	200	575	57	11

M20-29

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Pierre-Luc Bélanger-Melançon	Male	20-29	44.5	15	20.5	445	750	513	1708	1	1
Jacob Jamnicky	Male	20-29	46	13.2	20.5	460	660	513	1633	3	2
Alexander Vanderlinden	Male	20-29	47	12.5	21	470	625	525	1620	4	3
Evan Heenan	Male	20-29	38	13	19.5	380	650	488	1518	9	4
Stevie Blankenship	Male	20-29	48.5	11.2	18	485	560	450	1495	10	5
Dillon Petrie	Male	20-29	32	13.9	17.5	320	695	438	1453	13	6
Dan Muirhead	Male	20-29	32	13.1	17	320	655	425	1400	17	7
John Breeson	Male	20-29	39.5	13.1	11.5	395	655	288	1338	19	8
Ivanna Franko	Male	20-29	28	12.6	12.5	280	630	313	1223	31	9
Pavan Singh	Male	20-29	20	10.88	16	200	544	400	1144	38	10
Gabe Pulver	Male	20-29	24	8.7	12.5	240	435	313	988	51	11

M30-39

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Paul Bregin	Male	30-39	46.5	12.9	19.5	465	645	488	1598	5	1
Matthew Allen	Male	30-39	32.5	13.5	18	325	675	450	1450	14	2
Adao Oliveira	Male	30-39	40	10	17	400	500	425	1325	20	3
Nolan Hunder	Male	30-39	32	11.7	16	320	585	400	1305	23	4
Toby Bowers	Male	30-39	30	11.1	16	300	555	400	1255	29	5
Nathan Wong	Male	30-39	27.5	10.8	14.5	275	540	363	1178	34	6
John Cszasz	Male	30-39	28.5	10.3	15	285	515	375	1175	35	7
Sean Leonard	Male	30-39	20.5	10.9	16	205	545	400	1150	36	8
Isaac Hall	Male	30-39	31	8.2	15.5	310	410	388	1108	43	9
Brian Ng	Male	30-39	24	10.7	12.5	240	535	313	1088	46	10
Mike Wittmund	Male	30-39	27	11.2	10	270	560	250	1080	47	11
Alex Hall	Male	30-39	30	8.8	13	300	440	325	1065	48	12

M40-49

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Gordon Ngan	Male	40-49	45.5	11.3	18.5	455	565	463	1483	11	1
Nissim Abergel	Male	40-49	43	12.5	17	430	625	425	1480	12	2
Darren Vian	Male	40-49	27	11.7	17.5	270	585	438	1293	27	3
Imraan Lachporia	Male	40-49	29	11.9	13	290	595	325	1210	32	4
Alan Maynes	Male	40-49	32	11.1	13	320	555	325	1200	33	5
Ed Kim	Male	40-49	25.5	11.1	13.5	255	555	338	1148	37	6
Sean Moore	Male	40-49	30	8.4	13	300	420	325	1045	49	7
Carlo D'Angelo	Male	40-49	25	8.5	13	250	425	325	1000	50	8
Ben Kong	Male	40-49	0	11.2	13	0	560	325	885	52	9
Jim Medeiros	Male	40-49	9	8.5	11.75	90	425	294	809	56	10

M50+

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
Darrin Amell	Male	50+	40.5	13.6	17.5	405	680	438	1523	8	1
John Skain	Male	50+	36	12.6	16.5	360	630	413	1403	16	2
Alex Dela Calleja	Male	50+	39	11.4	17	390	570	425	1385	18	3
Mike Myers	Male	50+	35.5	10.9	17	355	545	425	1325	20	4
Rolando Ceddia	Male	50+	36	10.1	17.5	360	505	438	1303	25	5
Stephen Cairns	Male	50+	31	12.2	15	310	610	375	1295	26	6
Michael Forth	Male	50+	32	12.8	13	320	640	325	1285	28	7
Hongran Zhan	Male	50+	23	10.9	14	230	545	350	1125	41	8
Brian Arnold	Male	50+	23.5	10.5	14	235	525	350	1110	42	9
Kenneth Hook	Male	50+	29	8.3	16	290	415	400	1105	44	10
Mike Heiland	Male	50+	28	9.7	13	280	485	325	1090	45	11
Julian Kenney	Male	50+	25	8.3	8.5	250	415	213	878	53	12
Ben Cocoli	Male	50+	19	6.4	13	190	320	325	835	55	13

Relay

Name	Gender	AG	Swim Laps	Bike Distance	Run Laps	Swim Points	Bike Points	Run Points	Total Points	Gender	AG
CarLion	Relay	Relay	49	12.65	18.5	490	633	463	1586	1	1
The Magical Llamas	Relay	Relay	40	10	13	400	500	325	1225	2	2
Team P&G	Relay	Relay	26	10.2	14.5	260	510	363	1133	3	3
Deeeznuts	Relay	Relay	28	10.4	12.5	280	520	313	1113	4	4

Notes

Scoring: Swim 10pt/25m lap, Bike 50pt/km, Run 25pt/200m lap, scored at 0.5 lap increments swim & run, 0.1km bike.
Changes: Protests to lap counting are not allowed. Missing score cards are scored DNS.