

## Triathlon Ontario

### *Quest for Gold – Ontario Athlete Assistance Program 2019-2020*

# ATHLETE SELECTION CRITERIA

- 1.0** *Quest for Gold – Ontario Athlete Assistance Program 2019-2020 (OAAP)* is funded by the Government of Ontario, through the Ministry of Heritage, Sport, Tourism and Culture Industries (MHSTCI), and operated through the Sport, Recreation & Community Programs Division. The overarching goal of the *Quest for Gold – OAAP* is directly related to the High Performance Sport goal of the *Canadian Sport Policy* – that Canadians are systematically achieving world-class results at the highest levels of international competition – by improving the performance and number of Ontario athletes performing at the national and international level, thereby contributing to the improved performance of Canada at international competitions.

Specific objectives of the program are:

- a) To help athletes continue their pursuit of athletic excellence at the highest levels of national and international competition;
- b) To encourage athletes to stay in Ontario to live and train;
- c) To compensate athletes for earnings lost while training;
- d) To enable athletes to successfully pursue excellence in sport while fulfilling their educational goals;
- e) To increase athlete access to improved high performance coaching; and
- f) To enhance training and competitive opportunities available to athletes.

The intent of the OAAP is to provide funding to individual athletes in the sport's Train to Train and Train to Win categories based on their demonstrated commitment to high performance sport, allowing them to continue to pursue athletic excellence at the highest levels of national and international competition. **Only those athletes that meet the required minimum performance standard detailed in this Selection Criteria will be considered for this program.** Ideally an athlete will first receive a Quest for Gold "Ontario Card" for 1 to 3 years, which will allow them to train towards the goal of a national team position in subsequent years. Once an Ontario athlete reaches the national level and becomes a recipient of Sport Canada's carding program, they become eligible for the Quest for Gold "Canada Card". Athletes who are not planning to train towards this level of competition should not apply for this program.

## **2.0 How does it work?**

In accordance with the OAAP guidelines, Triathlon Ontario develops sport-specific selection criteria and forms a Selection Committee that will apply these criteria. The top-ranked athletes, based on the criteria, will be awarded Ontario Card status in 2019-2020. This Selection Criteria has been approved by the PSO and reviewed by MHSTCI staff. Nominated athletes will be required to sign and comply with an Athlete Agreement between the athlete and Triathlon Ontario. Carded athletes will be required to compete exclusively on behalf of the Province of Ontario at National Championship events and for Canada at International Championship events, for a period of one year from the date carding is approved and acknowledge Ontario as their permanent place of residence on athlete profiles, Media Guides, PSO/NSO and personal websites, and in similar types of public communications.

- 2.1** For 2019-2020, the MHSTCI has allocated Triathlon Ontario a total of 8 Ontario cards (split evenly as 4 male and 4 female Cards).

A minimum of 70% of the Ontario Cards will be allocated to what the MHSTCI defines as junior-aged athletes (11 to 22 years of age). A maximum of 30% of the Ontario Cards may be allocated to athletes no longer eligible for "junior athlete" status, (athletes 23 and over).

2.2 As a result, the 8 cards issued to Triathlon Ontario will be allocated as follows:

	Male	Female
Full Cards –	4	4

An athlete's age will be determined as of December 31, 2019.

Triathlon Ontario **is not obligated to assign all Ontario Cards if there are an insufficient number of athletes who have demonstrated potential to be considered for future National Teams.**

2.3 The Selection Committee, as approved by the Triathlon Ontario is comprised of the following members:

Phil Dale, Executive Director, Triathlon Ontario  
 Greg Kealey, Provincial Development Coach, Triathlon Ontario  
 Craig Taylor, Former National Training Centre Head Coach

**How much funding is available?**

The exact level of funding for the 2019-2020 carding year will be determined by the MHSTCI after the total number of athletes nominated for Ontario Card status has been determined.

**How will the Triathlon Ontario Selection Committee decide who receives funding?**

The Triathlon Ontario Selection Committee will use the Ministry of Heritage, Sport, Tourism and Culture Industries Eligibility Criteria and the Sport Specific Selection Criteria detailed below to determine which athletes will be nominated for Ontario Card status in 2019-2020:

**3.0 Ministry of Heritage, Sport, Tourism and Culture Industries Eligibility Criteria:**

All athletes must meet the Ministry of Heritage, Sport, Tourism and Culture Industries minimum athlete eligibility criteria:

- Athlete must be a Canadian citizen or permanent resident (previously known as a Landed Immigrant).
- Athlete must be a permanent resident of Ontario **for one year prior** to his/her nomination for carding status, (and continue to be a permanent resident throughout the term of the agreement).
- Athletes who have achieved Canada Card status (carded by Sport Canada) are not eligible for Ontario Cards.
- Athletes must be living in and continuing to train in Ontario.

**3.1 Residency Exceptions:**

Exceptions to these criteria, known as a "Residency Exception" will be considered **on a case specific basis by the** Triathlon Ontario Selection Committee provided that the athlete can substantiate in writing that:

- (a) He/She cannot receive the required level of training in Ontario and is out of the province **temporarily** during the year (i.e. due to lack of facilities, coaching, competitions);
- (b) He/She must attend a post-secondary institution out-of-province either because the course of study is not offered by an Ontario institution; or
- (c) It is more financially feasible to attend a post-secondary institution out-of-province, or other extenuating circumstances that require the athlete to be out of the province.

Any change in an athlete's residency status must be communicated in writing to the PSO immediately.

The onus is on the athlete to demonstrate that he/she needs to be out-of-province for one of the above reasons. **The athlete must submit written documentation to the Triathlon Ontario by no later than April 1<sup>st</sup>, 2020, clearly indicating how they meet a residency exception(s).**

Athlete's applying for a Residency Exception related to exception (a) above, who are training at an NSO-approved National Training Centre MUST include a letter from the NSO outlining their support for the athlete, the progress the athlete is making and the athlete's potential to make the national team level. Additional documentation may include, but shall not be limited to an explanation of why the athlete is training out of province, whether or not the athlete was formally invited by the NSO, what additional opportunities are being made available beyond those provided in Ontario; and any other information that will illustrate that the athlete is receiving enhanced training while still meeting all obligations of the Triathlon Ontario.

### **3.2 Length of time living outside Ontario:**

Athletes living outside Ontario for more than 30 consecutive days within the ministry fiscal year 2019-2020 for athletic or academic purposes must demonstrate, to the satisfaction of the PSO Selection Committee that appropriate training programs are in place and are being monitored by the PSO. The onus is on the athlete to:

1. Provide a written plan outlining their training and competition plans to the PSO prior to their departure from Ontario, as part of their Residency Exception request (**due April 1<sup>st</sup>, 2020**); and
2. Adhere to the PSO-approved competition and training plan throughout the carding cycle. At a minimum, this requires regular (quarterly) contact by the athlete with the PSO Executive Director; and

\*\*\*Athletes who were formally invited to and are currently participating in their NSO's national team training program are exempt from this requirement. \*\*\*

### **3.3 Ministry criteria continued:**

- Athlete must be a member in good standing with PSO and NSO where applicable;
- Athlete must have entered into a Sports Organization - Athlete Agreement with his or her PSO and must be in full compliance with the terms and conditions of that agreement;
- Athlete must have met all terms and conditions of any previous *Quest for Gold* Sports Organization – Athlete Agreements to the satisfaction of the PSO in order to be eligible for consideration in 2019-2020;
- Athlete must demonstrate a commitment and dedication to a proper training and competitive program, the goal of which is to continue to train towards a national team position and Sport Canada carding;
- Athlete's coach should be minimum Level 2 NCCP certified or trained status Competition Stream or the sport's equivalent in the Instruction Stream, or be engaged in completing this training, as determined by the PSO;
- Athlete must not be under a sanction that prohibits competition as per the Canadian Anti-Doping Policy;
- Athlete must be attending an educational institution full-time (i.e. elementary and secondary schools):
  - Exceptions will be made provided that the athlete can substantiate that his/her training will not allow for full-time attendance or if an athlete requires special needs that preclude full or part-time attendance (e.g. Athlete with a disability (AWAD) athlete);
- Athletes who have completed their area of study at the secondary level (i.e. high school) and who continue to train towards participation in major national or international competitions will also be considered;
- If eligible, the athlete must compete, and continue to compete solely for Ontario and/or Canada for one year from the date of the Minister's letter informing the athlete of acceptance into OAAP program, at Canada Games and other national competitions involving provincial team competitions;
- Athlete must not receive financial support from any other provincial/territorial athlete assistance program. This does not include academic scholarships, bursaries, student grants, student loans, social assistance, disability pensions, and other forms of financial assistance that have nothing to do with competitive sport.
- Eligibility will be limited to Ontario junior-aged athletes, ages 11-22 ("junior-aged" refers to chronological age, not a sport's specific age category - only exception is for PSO/MSOs using 30% of Ontario Card allotment for athletes older than 22 years of age who have been identified as a potential next generation national team athlete by the PSO's selection process.

**3.4 Residency Exemption for Military Families:** The one-year Ontario residency requirement is waived for any Ontario Card or Canada Card applicant who is a spouse or dependant of a: Regular Force member of the Canadian Forces; or Reservist currently deployed by the Canadian Forces into active service and who takes up residence in Ontario during the fiscal year. This means that eligible military family members now qualify for OAAP funding immediately upon becoming residents of Ontario. Please contact Triathlon Ontario for more information if you are applying for this exemption.

- To be deemed a potential next generation national team athlete, the athlete must be age-eligible to compete on the national team in the year following receipt of Ontario Card funding.
- All athletes under the age of 18 must have their parent or legal guardian sign their OAAP application form. Cheques will be processed in the name of the eligible athlete.
- An athlete can only be nominated to receive *Quest for Gold* funding in one sport.

#### **4.0 Athletes funded through the Sport Canada AAP:**

Ontario athletes who have been nominated and accepted for funding through Sport Canada's AAP within the government of Ontario's fiscal year (April 1, 2019 to March 31, 2020) and who continue to meet AAP and OAAP eligibility requirements will automatically be considered for a Quest for Gold 'Canada Card'. MHSTCI will contact those athletes directly at the mailing and email addresses the athlete provided to Sport Canada. Athletes are solely responsible for ensuring that their contact information is kept accurate and up to date at all times. An athlete who received Sport Canada AAP carding during any part of Ministry fiscal year April 1, 2018 to March 31, 2019 and/or any part of fiscal year April 1, 2019 to March 31, 2020 and is no longer in receipt of Sport Canada Athlete Assistance shall not be eligible to receive Quest for Gold funding during fiscal year 2019-2020 (April 1, 2019 to March 31, 2020.)

The intent of this rule is to prevent athletes whose performance levels and rankings no longer qualify them for Sport Canada

#### **4.1 Canada Card Exception (CCE)**

Exceptions may apply to this rule (known as a **Canada Card Exception (CCE)**) and will be considered by the Ministry on a case-by-case basis. Exceptions may include, but may not be limited to logistical or administrative changes (e.g. reduction in Sport Canada carding allocation), injuries, etc.

It is the sole responsibility of the athlete to contact Triathlon Ontario Selection Committee prior to (**April 1<sup>st</sup>, 2020**) to request a CCE. The athlete must submit, in writing, an explanation of why they have not been, or do not expect to be re-carded by their NSO. The submission must include a statement from the NSO, signed and dated on their letterhead, confirming that the athlete still has potential to return to the NSO's carding program in the future. It is the responsibility of the athlete to submit this letter to the PSO; the Triathlon Ontario will not obtain this letter from the NSO on the athlete's behalf.

Triathlon Ontario will then contact MHSTCI in writing prior to the submission of the Athlete Nomination Form to seek individual Canada Card Exceptions. Triathlon Ontario is not responsible for seeking a CCE for any athlete unless requested to do so by the athlete as detailed above.

#### **5.0 National College Athletic Association (NCAA):**

On August 1, 2013, the NCAA revised their By-law that previously prevented an athlete from accepting grants from a governmental entity, such as Quest for Gold. Despite this change, any athlete considering an application to an NCAA institution is strongly encouraged to contact the NCAA Eligibility Center prior to applying for QFG funding.

The onus is entirely on the athlete to determine the impact of accepting OAAP funding on current or future NCAA eligibility and to decide whether or not to accept OAAP funding. The athlete will be required to acknowledge this onus and responsibility when signing the OAAP Ontario Card application form and agreeing to the related terms and conditions of the program. Athletes are strongly encouraged to contact the NCAA Eligibility Center to determine the impact of *Quest for Gold* - OAAP funding on current or future eligibility for a NCAA scholarship or on eligibility to compete in a non-scholarship NCAA sport.

NCAA Eligibility Center mailing address:  
700 W. Washington Street  
P.O. Box 6222  
Indianapolis, Indiana 46206-6222  
Phone: 317-917-6222

## **6.0 Triathlon Ontario Athlete Selection Criteria:**

The following sport specific athlete selection criteria will be utilized in the identification, ranking and selection of athletes for Ontario Cards:

### **ELIGIBILITY CRITERIA**

Athletes who meet the following criteria are eligible for consideration for Quest for Gold Funding for the 2019-2020 funding cycle:

1. a) Junior Level Athletes will be considered to be between 16 and 19 years of age as of December 31<sup>st</sup>, 2019 and will be evaluated according to Junior criteria.  
b) U23 Level Athletes will be considered between 20 and 23 years of age as of December 31<sup>st</sup>, 2019 and will be evaluated according to U23 criteria.  
c) Elite Level Athletes will be considered to be 24 years of age and older as of December 31<sup>st</sup>, 2019 and must provide a letter from the National High Performance Director confirming that they are deemed to be a next generation National team athlete.
2. Canadian citizen and Ontario resident for a minimum of 1 year prior to nomination for carding status. Member in good standing of Triathlon Ontario and must remain a member in good standing for the duration of the funding period.
3. Athlete must be instructed by a coach who is certified or trained in Triathlon Canada's NCCP program. The coach must be fully engaged in developing and implementing the training program. Triathlon coach name and NCCP Coaching Card Number (CC#) must accompany application.
4. Athletes are ineligible if they are receiving financial support from any other out-of-province athlete assistance program. This includes athlete scholarships from any non-Ontario post-secondary institution but excludes sponsorship arrangements. **This criteria requirement supersedes exceptions in the Residency requirement section.**
5. Athletes are ineligible if they have received an International Competition Card (ICC) for Long Course events.

Athletes may not race triathlons as outlined below:

- a. Junior Athletes aged 17 or under as of December 31, 2019 may not compete in any event equal to or longer than 1500m swim/40K bike/10K run.

### **EVALUATION CRITERIA**

The following evaluation criteria will be used to evaluate all applicants:

Points will be awarded in 2 categories: Standards and Performance.

Athletes must score points in both categories to be eligible: i.e. An athlete with points in only one category (Standards or Performance) will be ineligible.

Only athletes who achieve a combined score (Standards and Performance) of 50 points or higher will be eligible.

Note:

- An athlete who previously received *Quest for Gold* funding and entered into a Sports Organization – Athlete Agreement must have complied with the terms of that agreement to the satisfaction of Triathlon Ontario in order to be considered for funding in fiscal 2019-2020.
- Athletes may only score points in the category determined by their age category on December 31st, 2019. Junior members will be evaluated as Juniors, U23 members will be evaluated as U23 and Elites will be evaluated as Elites.
- U23 athletes may use their Elite results from an ITU Continental Cup, ITU World Cup or ITU WTS events in support of their application.
- As outlined in the performance criteria below, athletes must finish within 8% of the winning time to qualify for points. The 8% cut-off time will be calculated as follows: The winning time will be converted to minutes and seconds (mm:ss) and multiplied by 1.08, rounded up to the nearest second, to determine the 8% cut-off. For example, an 8% cut-off time of 124 minutes and 5.1 seconds will be rounded up to 124 minutes and 6 seconds. Performances in excess of the 8% cut-off by 1 second or more will not be eligible for points in any Section and/or circumstance where the 8% cut-off is employed.

Points will be awarded for Standards and Performance, as follows:

## STANDARDS

Athletes who meet Triathlon Ontario's Normative Standards in swimming or running will receive **20 points for a World Standard, 15 points for an Intermediate Standard** and **10 points for a National Standard**.

- Performances must be achieved between February 8<sup>th</sup>, 2019 and April 2<sup>nd</sup>, 2020, at 5pm EST.
- Any times that exceed the two decimal places outlined in the standards will be counted. For example, if the recorded swim time for a junior male for a 400m is 5:04:1 and the standard is 5:04, he will not have achieved the standard.

## SWIM PERFORMANCES

- Swim performances can be achieved in a 25m Short Course (SCM) pool, or a 50m Long Course (LCM) pool only.
- LCM swim times cannot be mathematically converted to SCM.
- Swim times achieved at altitude cannot be mathematically converted to sea level.
- Performances from sanctioned Swim Ontario or Masters Swim Ontario events will be accepted.
- Open Water swims will not be accepted.
- Out-of-competition swim results will be accepted provided the following criteria are met:
  - The performance cannot be achieved with the use of any equipment that would not be permitted in a sanctioned Swim Ontario swim meet
  - The performance must be achieved by the athlete in the absence of drafting (ie. the athlete must be the only swimmer in the lane for the duration of the swim).
  - The time trial attempt is certified a minimum of 48 hours in advance by Triathlon Ontario's Provincial Coach or Executive Director
  - The performance must be either in a pool with timing mats or hand-timed (stop watch) by a minimum of two NCCP certified coaches, approved by the Provincial Coach and/or the Executive Director of Triathlon Ontario. Splits for each 100m by both coaches must be provided.
    - The official performance time will be the slower of the two hand-timed measures, provided that the hand-timers are within 0.5 seconds of each other
    - If the hand-timers obtain results differing by 0.6 to 1.0 seconds, their results will be averaged to achieve the official performance time

3. If the hand-timers obtain results differing by more than 1.0 seconds, the performance will be invalid for the purposes of Quest for Gold funding.
- v. An athlete also has the option to conduct a time trial under the identical requirements of Triathlon Canada for the purposes of its Smartabase submission. The athlete or coach is still required to obtain approval for the conditions of the time trial 48 hours in advance from either the Provincial Coach or Executive Director to ensure the time trial is conducted correctly.

### Quest for Gold AAP Performance Standards

SWIM	NATIONAL STANDARDS: 10 pts		
	400m	800m	1500m
<b>Category</b>	mm:ss	mm:ss	mm:ss
Junior	5:04	10:24	20:00
U23	N/A	10:08	19:30
Elite	N/A	9:52	19:00
Junior	5:20	10:56	21:00
U23	N/A	10:40	20:30
Elite	N/A	10:24	20:00

SWIM	INTERMEDIATE STANDARDS: 15 pts		
	400m	800m	1500m
<b>Category</b>	mm:ss	mm:ss	mm:ss
Junior	4:52	10:00	19:15
U23	N/A	9:44	18:45
Elite	N/A	9:28	18:15
Junior	5:08	10:32	20:15
U23	N/A	10:16	19:45
Elite	N/A	10:00	19:15

SWIM	WORLD STANDARDS: 20 pts		
	400m	800m	1500m
<b>Category</b>	mm:ss	mm:ss	mm:ss
Junior	4:40	9:36	18:30
U23	N/A	9:20	18:00
Elite	N/A	9:04	17:30
Junior	4:56	10:08	19:30
U23	N/A	9:52	19:00
Elite	N/A	9:36	18:30

### RUN PERFORMANCES

- Run performances must be achieved on a 200m or 400m track, or a road running course certified by a recognized sanctioning body such as the Ontario Road Runners Association using a minimum of "A+" certification or equivalent, where the decrease in the elevation between the start and finish

shall not exceed an average of one in one thousand, ie. 1m per 1km, and have separation of not greater than 50 percent. Separation is the distance in a straight line between the start and finish and is expressed as a percentage of the total distance.

- Run times achieved at altitude cannot be mathematically converted to sea level.
- Indoor track (200m) performances cannot be mathematically converted to outdoor track (400m) times.
- Out-of-competition run results will be accepted provided the following criteria are met:
  - i. The performance must be achieved on a 200m or 400m track, confirmed by measurement from one of the certified coaches performing the time.
  - ii. The performance cannot be achieved using equipment which would not be permitted in a sanctioned road or track event.
  - iii. The performance must be hand-timed (stop watch) by a minimum of two NCCP certified coaches approved by the Provincial Coach and/or the Executive Director of Triathlon Ontario.
    1. The official performance time will be the slower of the two hand-timed measures, provided that the hand-timers are within 0.5 seconds of each other
    2. If the hand-timers obtain results differing by 0.6 to 1.0 seconds, their results will be averaged to achieve the official performance time
    3. If the hand-timers obtain results differing by more than 1.0 seconds, the performance will be invalid for the purposes of Quest for Gold funding.
  - iv. Splits by both coaches must be provided.
  - v. An athlete also has the option to conduct a time trial under the identical requirements of Triathlon Canada for the purposes of its Smartabase submission. The athlete or coach is still required to obtain approval for the conditions of the time trial 48 hours in advance from either the Provincial Coach or Executive Director to ensure the time trial is conducted correctly.

#### Quest for Gold AAP Performance Standards

RUN	NATIONAL STANDARDS: 10 pts		
	3km	5km	10km
<b>Category</b>	mm:ss	mm:ss	mm:ss
Junior	10:12	17:40	36:40
U23	N/A	17:00	35:20
Elite	N/A	16:20	34:00
Junior	11:42	20:10	41:40
U23	N/A	19:30	40:20
Elite	N/A	18:50	39:00

RUN	INTERMEDIATE STANDARDS: 15 pts		
	3km	5km	10km
<b>Category</b>	mm:ss	mm:ss	mm:ss
Junior	9:36	16:40	34:40
U23	N/A	16:00	33:20
Elite	N/A	15:20	32:00
Junior	10:57	18:55	39:10
U23	N/A	18:15	37:50
Elite	N/A	17:35	36:30



RUN	WORLD STANDARDS: 20 pts		
	3km	5km	10km
Category	mm:ss	mm:ss	mm:ss
Junior	9:00	15:40	32:40
U23	N/A	15:00	31:20
Elite	N/A	14:20	30:00
Junior	10:12	17:40	36:40
U23	N/A	17:00	35:20
Elite	N/A	16:20	34:00

## PERFORMANCE CRITERIA

### 1. ITU WORLD CHAMPIONSHIPS PERFORMANCE

Performance at 2019 ITU Triathlon World Championships (Junior draft-legal, U23 or Elite):

- a. Podium = 75pts
- b. 4<sup>th</sup> – 10<sup>th</sup> = 50pts
- c. 11<sup>th</sup> – 20<sup>th</sup> = 25pts

Performances in the Long Distance, Aquathlon, Mixed Team Relay, Aquabike, Cross Triathlon or Sprint (Elite or U23) events will not be considered.

### 2. ITU WORLD CHAMPIONSHIPS TEAM SELECTION

Athletes selected to the 2019 ITU Triathlon World Championships in one of the following categories will be awarded **20pts**:

Elite (Olympic draft-legal)  
 U23 (Olympic draft-legal)  
 Junior (Sprint draft-legal)

Selection to the Long Distance, Aquathlon, Mixed Team Relay, Aquabike, Cross Triathlon or Sprint (Elite or U23) teams will not be considered.

### 3. CANADIAN NATIONAL CHAMPIONSHIPS PERFORMANCE

Performance at 2019 Canadian National Championships will be based on finishing positions in the “A” finals, followed by the “B” finals, meaning the top finisher in the “B” finals will be ranked below the last finisher in the “A” finals. Points will be awarded for finishing in the top 15 amongst **Canadian** competitors in the following format:

1 <sup>st</sup>	25pts
2 <sup>nd</sup>	20pts
3 <sup>rd</sup>	15pts
4 <sup>th</sup>	12pts
5 <sup>th</sup>	11pts
6 <sup>th</sup>	10pts
7 <sup>th</sup>	9pts
8 <sup>th</sup>	8pts
9 <sup>th</sup>	7pts
10 <sup>th</sup>	6pts
11 <sup>th</sup>	5pts
12 <sup>th</sup>	4pts
13 <sup>th</sup>	3pts

<b>14<sup>th</sup></b>	<b>2pts</b>
<b>15<sup>th</sup></b>	<b>1pt</b>

#### 4. ONTARIO PROVINCIAL CHAMPIONSHIPS

Performance at 2019 Ontario Draft-Legal Provincial Championships.

Points will be awarded for finishing in the top 10 amongst **Ontario** competitors in the following format:

<b>1<sup>st</sup></b>	<b>20pts</b>
<b>2<sup>nd</sup></b>	<b>16pts</b>
<b>3<sup>rd</sup></b>	<b>14pts</b>
<b>4<sup>th</sup></b>	<b>12pts</b>
<b>5<sup>th</sup></b>	<b>10pts</b>
<b>6<sup>th</sup></b>	<b>8pts</b>
<b>7<sup>th</sup></b>	<b>6pts</b>
<b>8<sup>th</sup></b>	<b>4pts</b>
<b>9<sup>th</sup></b>	<b>2pts</b>
<b>10<sup>th</sup></b>	<b>1pt</b>

#### 5. ITU POINTS

For U23 and Elite applicants, points will be awarded for finishing in the top 15 amongst all competitors and who finish within 8% of the winning time, at any one ITU Continental Cup contested between January 1, 2019 and December 31, 2019 or in the top 15 amongst all Canadian competitors and who finish within 8% of the winning time at any one ITU World Cup or one WTS event contested between January 1, 2019 and December 31, 2019. ITU events will be scored the following way:

<b>1<sup>st</sup></b>	<b>25pts</b>
<b>2<sup>nd</sup></b>	<b>20pts</b>
<b>3<sup>rd</sup></b>	<b>15pts</b>
<b>4<sup>th</sup></b>	<b>12pts</b>
<b>5<sup>th</sup></b>	<b>11pts</b>
<b>6<sup>th</sup></b>	<b>10pts</b>
<b>7<sup>th</sup></b>	<b>9pts</b>
<b>8<sup>th</sup></b>	<b>8pts</b>
<b>9<sup>th</sup></b>	<b>7pts</b>
<b>10<sup>th</sup></b>	<b>6pts</b>
<b>11<sup>th</sup></b>	<b>5pts</b>
<b>12<sup>th</sup></b>	<b>4pts</b>
<b>13<sup>th</sup></b>	<b>3pts</b>
<b>14<sup>th</sup></b>	<b>2pts</b>
<b>15<sup>th</sup></b>	<b>1pt</b>

As a reminder, an athlete can use one of either a Continental Cup, World Cup or WTS event for their scoring, but not more than one.

#### 6. INTERNATIONAL JUNIOR RACES

For Junior applicants, points will be awarded for finishing in the top 10 at the 2019 North American Junior Championships or top 15 at the 2019 Continental Junior Championships (ie. Only one result can be used).

##### 2019 North American Junior Championships

<b>1<sup>st</sup></b>	<b>20pts</b>
<b>2<sup>nd</sup></b>	<b>16pts</b>
<b>3<sup>rd</sup></b>	<b>14pts</b>
<b>4<sup>th</sup></b>	<b>12pts</b>
<b>5<sup>th</sup></b>	<b>10pts</b>

6 <sup>th</sup>	8pts
7 <sup>th</sup>	6pts
8 <sup>th</sup>	4pts
9 <sup>th</sup>	2pts
10 <sup>th</sup>	1pt

#### 2019 Continental Junior Championships

1 <sup>st</sup>	25pts
2 <sup>nd</sup>	20pts
3 <sup>rd</sup>	15pts
4 <sup>th</sup>	12pts
5 <sup>th</sup>	11pts
6 <sup>th</sup>	10pts
7 <sup>th</sup>	9pts
8 <sup>th</sup>	8pts
9 <sup>th</sup>	7pts
10 <sup>th</sup>	6pts
11 <sup>th</sup>	5pts
12 <sup>th</sup>	4pts
13 <sup>th</sup>	3pts
14 <sup>th</sup>	2pts
15 <sup>th</sup>	1pt

### 7.0 Breaking a Tie:

In the event that two applicants of the same gender achieve the same score after all criteria are considered (i.e. a tie), the following procedure, in order, will be used to break the tie:

- i. The athlete who placed higher at Provincial Championships, regardless of category, will be ranked higher.
- ii. In the event that both applicants did not compete or finish Provincial Championships, the athlete with more points from achieving World, Intermediate or National Standards will be ranked higher (i.e. a total of both Standards).
- iii. In the event that both athletes accumulate the same number of points from World, Intermediate or National Standards, the swim and run standards from the two athletes will be calculated to find the differential (%) of their standards to the World Standard for their age, and it will be averaged. The better average differential [ie. closest to the World Standard OR higher than the World Standard, a negative differential] will be determined the winner.

### 8.0 Failure to Meet Selection Criteria for Health-related Reasons

Athletes who, for strictly health-related reasons, have not achieved the standards required for nomination of carded status **may** be considered for nomination under the following conditions:

1. The athlete scored a minimum of 45 points, as per the Quest for Gold Criteria in the preceding year.
2. The athlete has fulfilled all reasonable training and rehabilitation necessary, to expedite a timely return to full high-performance training and competition, during the period of his or her injury, illness or pregnancy and, despite making every reasonable effort to attain the applicable carding standards during the year in which the injury, illness or pregnancy occurred, has failed to do so, in the view of the Selection Committee, for reasons strictly related to the injury, illness or pregnancy.
3. The athlete must provide a medical certificate that indicates the type of injury, severity and estimated recovery time. Triathlon Ontario has the right to seek a second medical opinion.
4. The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high-performance and competition goals, as well as his or her intention to pursue full high-performance training and competition throughout the carding period.

5. The athlete must apply for consideration and provide all required documentation no later than April 1st, 2020.
6. The Selection Committee may, but is not obligated to, take into consideration the likelihood of the injured athlete achieving the necessary points needed if they were healthy when considering an injury consideration.

## **EVALUATION OF SCORING FOR ATHLETES WHO ARE APPROVED FOR INJURY CONSIDERATION**

1. The score of any athlete who has met the Injury Consideration Criteria will be determined by the score the athlete achieved in the previous year as determined by the Quest for Gold Criteria from the previous year.
2. The score of any athlete who has met the Injury Consideration Criteria will be placed in the scoring grid with all other athletes being considered.
3. Cards will be distributed to the highest scores in the scoring grid; the depth will be based on the posted number of cards available.
4. Injury Consideration will be granted for a single year, and will not be awarded for consecutive years.

**9.0 Alternates:** Triathlon Ontario will also nominate alternates to those athletes nominated for Ontario Card status. Alternates will be those athletes who are ranked directly behind those athletes nominated for the allotment of Ontario Cards in a particular category/discipline. The names of alternates will be published along with the names of nominated athletes. If an athlete drops out or is removed from the OAAP an alternate will be substituted into that athlete's position, provided that:

- Alternate is substituted within 2019-2020 fiscal year;
- An alternate meeting all requirements is available from the same category/discipline/card level (Full/Half);
- Funding for athlete being substituted is still available within fiscal year (e.g. full funding for card has not already been paid out to athlete no longer in program).

## **10.0 To Apply:**

All required information (a spreadsheet or word document or email containing the athlete's name, age as of December 31, 2019, Triathlon Ontario membership number, coach's name and NCCP number, relevant results with links to the official results page and the accompanying points scored) must be submitted no later than **April 3rd, 2020 (4pm Eastern)** to:

Phil Dale  
ed@triathlonontario.com  
2-2015 Pan Am Blvd., Milton, ON, L9E 0K7  
416-426-7025

**10.1** Any athlete requesting a "Residency Exception" must submit this information by April 1<sup>st</sup>, 2020 as detailed above.

**10.2** It is the sole responsibility of the athlete to provide a full and complete application that meets all stated requirements. Triathlon Ontario will neither review applications in advance of the deadline in order to make applicants aware of any missing/incorrect information and/or attachments nor make corrections on behalf of the athlete. Any revisions on the part of the athlete will only be accepted prior to the posted submission deadline.

Applications that are sent directly to the Ministry of Heritage, Sport, Tourism and Culture Industries rather than to Triathlon Ontario will not be considered valid or to have been received by the Triathlon Ontario deadline.

**10.3** An email will be sent within 48 hours of submission confirming receipt. It is the athlete's responsibility to contact Triathlon Ontario if this email is not received to be certain that the application has been successfully received by the deadline date.

The Sports Organization – Athlete Agreement will only come into effect if an athlete is selected and accepts carding status through the OAAP program. Athletes who fail to return a signed Athlete Agreement by the deadline date will not be carded.

- 10.4 Triathlon Ontario will publish or make known a draft list of athletes nominated for Ontario Card status by no later than **April 8, 2020**.

In the event of a conflict or inconsistency between the MHSTCI eligibility requirements detailed in the MHSTCI binder provided to PSO/MSOs and duplicated in the Athlete Handbook provided to each nominated athlete and the eligibility requirements listed in the PSO/MSO Athlete Selection Criteria Document prepared by the PSO/MSO, the MHSTCI Binder/Athlete Handbook shall prevail.

## 11.0 Appeals

Athletes who have not been nominated for an Ontario Card by the Triathlon Ontario Selection Committee or who have been nominated for a 'Half Card' versus a 'Full Card', where applicable will be allowed to appeal that decision by filing a "Notice of Appeal" with MHSTCI. Appeals will be heard by an Appeals Committee comprised of representatives from the sport community, selected by the MHSTCI.

Grounds for appeals will be limited strictly to issues related to:

- A) Whether or not the Selection Committee has completed the selection process in accordance with its own published selection criteria and related procedures;
- B) Whether or not the Selection Committee applied the selection criteria in a manner that was free from bias, discrimination and/or conflict of interest.

Issues related to the specific content or selection requirements contained in the Triathlon Ontario Selection Criteria are not grounds for an appeal and should therefore be discussed directly with the leadership of Triathlon Ontario.

Please note that before an athlete can file a Notice of Appeal, he or she must first ask Triathlon Ontario for reasons explaining why he or she was not nominated for an Ontario Card.

If the athlete is not satisfied with the Triathlon Ontario response, the athlete may submit a **Notice of Appeal**, found below. A Notice of Appeal will only be accepted from the athlete or their parent/guardian on the MHSTCI-provided template (typed or hand-printed, no hand-written entries) through email, regular post, registered mail, courier or delivered in person. One appeal cannot be written on behalf of multiple athletes. The Notice of Appeal must be received by MHSTCI by noon on the deadline day. Appeals that are delivered personally or by courier shall be deemed to be received on the date of delivery.

Once MHSTCI has received the Notice of Appeal, it will share it with Triathlon Ontario, who will then submit a **"Response"** with MHSTCI by a specified deadline. The Response will outline why Triathlon Ontario believes that the Selection Committee's decision not to nominate the athlete should be upheld by the Appeals Committee. MHSTCI will share the Triathlon Ontario Response with the athlete.

If, after receiving the Triathlon Ontario Response, the athlete believes that Triathlon Ontario has raised new or additional reasons to justify the Selection Committee's decision not to nominate the athlete for an Ontario Card, then the athlete will have an opportunity to file a **"Reply"** with MHSTCI, responding to these additional reasons. The Reply must be limited to these additional reasons and cannot be used to make submissions already raised in the Notice of Appeal, or that the athlete neglected to include in the Notice of Appeal. The Reply will only be accepted on the MHSTCI-provided template.

Once MHSTCI receives the Notice of Appeal, the Response, and the Reply (if applicable), it will provide those materials to the Appeals Committee. The Appeals Committee will discuss all appeals at once. During its review of the appeals, the Appeals Committee reserves the right to request additional information from both the athlete and Triathlon Ontario.

After reviewing an appeal the Appeals Committee will have the authority to:

1. Direct Triathlon Ontario to redo the selection process using the correct criteria/process and submit a new list of nominated athletes;
2. Deny the appeal; or
3. Allow the appeal and nominate the appellant for carding status.

Once the Appeals Committee has reached its decision, it will contact the athlete and Triathlon Ontario in writing to communicate its decision and the reasons therefore.

An athlete who has had his or her appeal denied is not permitted to submit a second appeal to the Appeals Committee on the same or different grounds.

**Note:** Triathlon Ontario is encouraged to resolve disputes or disagreements informally with athletes who have not been nominated to avoid, wherever possible, formal appeals.

- 11.1** The deadline for athletes to submit an “**Athlete’s Notice of Appeal**” to the Appeals Committee is **April 20, 2020 at 12 noon.**
- 11.2** Appeals must be completed on the Notice of Appeal template below and will be directed to:

*Quest for Gold* Appeals Committee  
c/o Sport, Recreation and Community Programs Division  
Ministry of Heritage, Sport, Tourism and Culture Industries  
777 Bay Street, 18<sup>th</sup> Floor  
Toronto ON M7A 1S5

Email: [questforgold@ontario.ca](mailto:questforgold@ontario.ca)

## 2019-2020 *Quest for Gold* – Ontario Athlete Assistance Program Athlete’s Notice of Appeal Template

The deadline for an athlete to submit an appeal to the Appeals Committee is 12 noon on April 20, 2020. Appeals will only be accepted on the MHSTCI-provided Notice of Appeal template. **Please refer to the appeals section of your PSO/MSO’s Athlete Selection Criteria document prior to completing this form.**

**Return form to:**

***Quest for Gold* Appeals Committee  
c/o Ministry of Heritage, Sport, Tourism and Culture Industries  
Sport, Recreation and Community Programs Division  
777 Bay Street, 18<sup>th</sup> Floor, Toronto ON M7A 1S5 Email: [questforgold@ontario.ca](mailto:questforgold@ontario.ca)**

Full Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
Postal Code \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_  
Sport / PSO \_\_\_\_\_

**Reason for Appeal (Check all that apply):**

- Whether or not the PSO/MSO has completed the selection process in accordance with its own published selection criteria and related procedures;
- Whether or not the PSO/MSO applied the section criteria in a manner that was free from bias, discrimination and/or conflict of interest.

**Provide a two-line summary of the reason for the appeal:**

**In the space below, (continue on to next page as needed) provide the reasons communicated to you by your PSO/MSO as to why you were not nominated for an Ontario Card, and the date the information was provided. (Note: This Appeal will not be accepted unless it contains a response from your PSO/MSO.)**

Date of PSO response: \_\_\_\_\_

